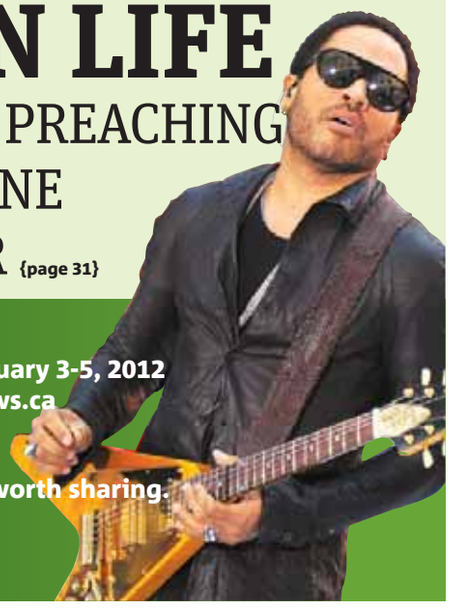
YOU MIGHT NOT 'LIKE' THIS
FACEBOOK STOCK NOT FOR JUST ANYONE {page 18}

SUPER BOWL HALFTIME
MORE MEMORABLE THAN THE GAME?
{page 36}

HIGH ON LIFE
KRAVITZ STILL PREACHING HAPPINESS, NINE ALBUMS LATER {page 31}



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Weekend, February 3-5, 2012
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News worth sharing.

▶ A police investigator stands next to a crumpled bicycle after a cyclist was hit and critically injured on Carling Avenue near Archibald Avenue Thursday. The driver of a Toyota Matrix, not pictured, was arrested at the scene. For more on the story, see page 4.

MIKE CARROCCETTO/FOR METRO

Man arrested after cyclist struck

Porn sweep finds six children lured by online predator

- Police arrest 60 men across Ontario
- Suspects not part of a ring: Police

JESSICA SMITH
@METRONEWS.CA

Five Ottawa residents were among 60 men charged in a provincewide child-pornography bust, police announced Thursday.

Officers also identified 22 children who were being abused in Ontario — six of them in Ottawa.

Sgt. Frank D'Aoust of the Ottawa Police Service said the six local victims were allegedly lured by one of the accused. Ottawa resident William Groves, 48, is charged with several counts of child luring.

Luring means "communicates online for a sexual purpose with (minors)," said D'Aoust. "It can be anything from exposing themselves, invitations to sexual touching or invitations to meet."

He would not say if any of the Ottawa victims met with an abuser in person. They will have access to counselling, he said.

Ontario Provincial Police, along with representatives of forces across the country, held a news conference in Vaughn, Ont. on Thursday morning announcing the arrests.

One of the accused, a St. Thomas man, is charged with three counts of sexual assault and sexual interference.

The approximately 200 charges against the other men include a variety of child-pornography charges, and weapons and drugs charges.

More on child-porn problems {page 2}

Ottawa's charged

- **John Howard Lee,** 67, is charged with possession of child pornography and the unsafe storage of a firearm. He is wanted by U.S. Authorities.
- **Jeffrey Jenkins,** 39, is charged with two counts of luring a child under 16.
- **Timothy Turner,** 69, is charged with possessing child porn.
- **Daniel Brown,** 33, who is in custody, is charged with four counts of luring a child under 16 and possession of child pornography.
- **William Groves,** 48, is charged with two counts of luring a child under 14, six counts of luring a child under 16, and breach of order from a sexual conviction.

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1 news

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The great cultural pile-on of Lana Del Rey gets a little more animated. Watch at metronews.ca/video

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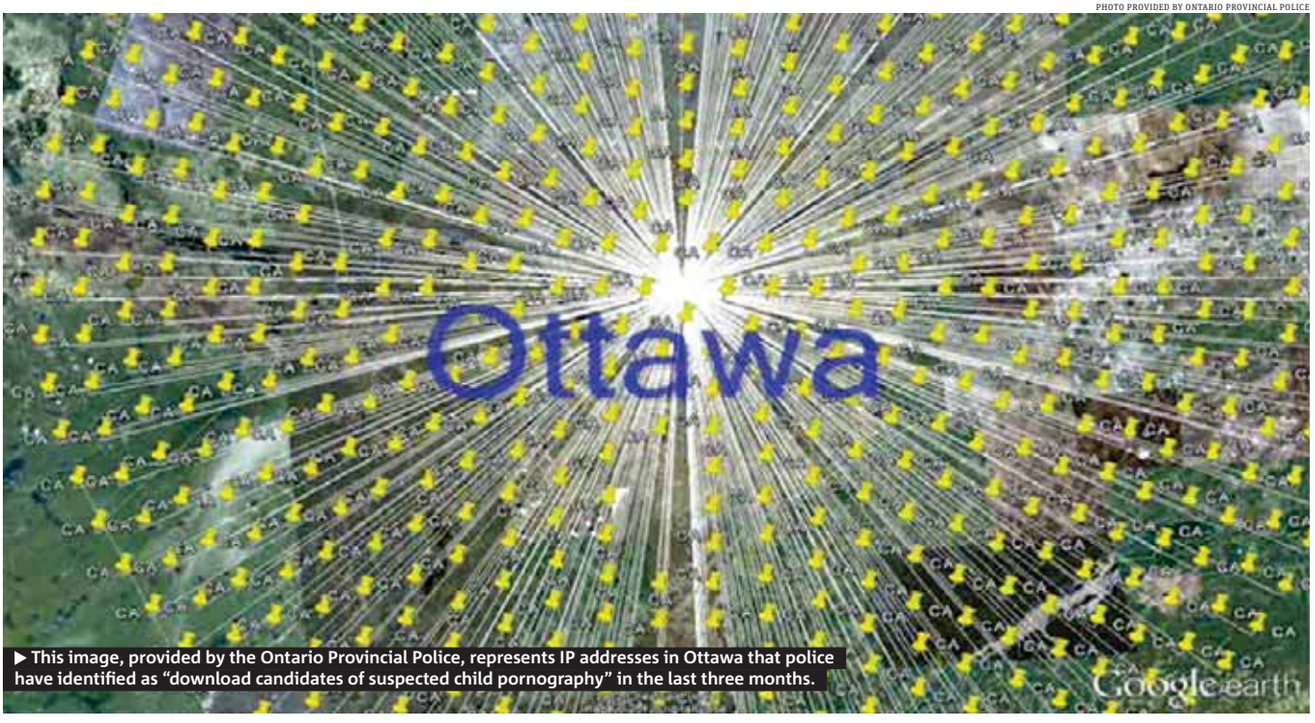
PHOTO PROVIDED BY ONTARIO PROVINCIAL POLICE



▶ This image, provided by the Ontario Provincial Police, represents IP addresses in Ottawa that police have identified as "download candidates of suspected child pornography" in the last three months.

OPP: Porn problem too big for us

Officers say cities have 'huge' volume of suspects Parents should learn who their kids talk to online, keep computers in open areas, be vigilant about kids' use of webcams, police say

JESSICA SMITH
@METRONEWS.CA

Ontario Provincial Police announced Thursday there are more than 8,900 IP addresses in Ontario suspected of downloading child pornography in the past three months.

Too many to handle, police say.

"Each city, especially large centres, have a huge number of IP addresses identified as having or accessing child pornography. The police can't do it alone," said Sgt. Frank D'Aoust of the Ottawa Police Service. "It's a very lengthy process for us to successfully prosecute each offender."

Each IP address identified by police is not a guarantee of guilt, let alone a conviction on a child-pornography charge, but a lead for officers to follow, said provincial police at a press conference in Vaughan Thursday.

For example, five Ottawa men arrested recently were identified by more than just a flag on their IP address, but also with the help of tips from the public and officers going online posing as children, D'Aoust said.

Police used special funding from the provincial government for a co-ordinated province-wide investigation into child pornography, but said more resources would help police identify more victims.

"You could get 100 officers assigned and unfortunately you wouldn't get to everyone involved in the possession of child pornography," said D'Aoust, adding parents need to help by monitoring kids' online activity.

Provincial police said some abuse happens live on the Internet via webcams. The charges against only one of the 60 are for the alleged hands-on abuse of children, the rest are charged with Internet-based offences, primarily luring and child-pornography offences.

The pornography charges are related to the abuse of real children, police said.

"Child pornography is the sexual abuse of children," said acting OPP Commissioner Scott Tod. "Every image represents a child victim, every trading or transmission of that image represents a re-victimization of that child."

Dr. Matt Logan, a psychiatrist and retired RCMP officer, said the images found by police are more than nude photos and show people abusing children.

According to Logan, the use of child pornography is often "only a prelude to actual sexual activity with children."

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Cyclist in critical condition after collision

Man in hospital with serious head injury Witnesses called cops before crash, fearing driver impaired

A cyclist is in critical condition in hospital and a driver is in police custody after a crash near a parking lot on Carling Avenue on Thursday at about 2:20 p.m.

Police said they received a call about an impaired driver at the Hampton Park Plaza. A police source said that as officers were arriving to investigate they saw the driver collide with the cyclist. Reports last night said a man in his mid-20s was taken into custody.

Witnesses reported the vehicle pulled out of the parking lot on Carling Avenue near Archibald Street, collided with a few other vehicles and then hit a cyclist, police said, adding they received the call for help at 2:13 p.m.

Paramedics treated the 31-year-old male cyclist for a life-threatening head injury.

En route to hospital, the victim suffered a seizure and he was still unconscious by the time they arrived.

As of press time no charges had been laid.

METRO

MIKE CARROCCETTO/FOR METRO

▶ Police inspect damage to a car involved in a collision with a cyclist on Carling Avenue on Thursday. The driver of the Toyota Matrix was arrested at the scene.

Beavers killed by Hogs Back kill trap, Ottawa woman says

An Ottawa woman alleges Parks Canada is responsible for the deaths of a male and female beaver after the animals were caught in kill traps near the Hogs Back locks near Mooney's Bay.

Jenni Meldrum said she was walking her dog on Monday near the locks at about 11 a.m. when she saw a Parks Canada worker who told her he was relocating the beavers.

She walked her dog there at about the same time on Tuesday and said she saw a trapper carrying the strangled, lifeless body of a beaver on a sled.

"The trapper picked up the male on the Tuesday morning and told me at that time he was strangled and drowned," she said. "I touched it. It was dead.

"I asked him why he didn't relocate them and he said he changed his mind about setting the live traps (because) he said somebody might steal it."

She suspects the same thing happened to the female because when she returned on Wednesday morning she couldn't find it and said she saw more snare wires that had been cut.

She took pictures of the traps and sent them to Metro, but said she didn't think to take a photo of the dead beaver.

"It's sad when they decide to use a kill trap instead of a live trap," Meldrum said.

National Capital Commission spokesperson Jasmine Leduc said officials had discussed the presence of the beaver with Parks Canada, who hired a trapper.

Parks Canada did not return calls Thursday.

JOE LOFARO

JENNI MELDRUM/FOR METRO

▶ This beaver was seen near the Hogs Back locks in December.

JENNI MELDRUM/FOR METRO

▶ Jenni Meldrum believes two beavers were killed by these snares that she photographed at the locks on Tuesday.

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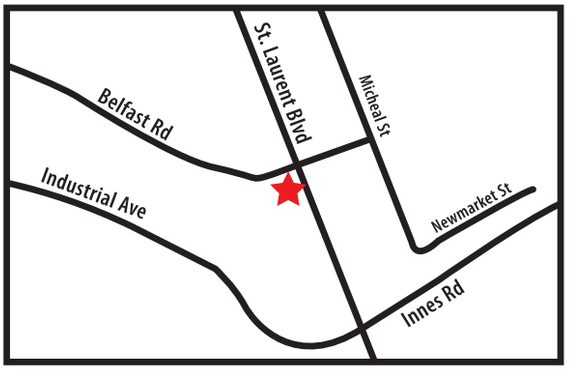

Ottawa real estate broker faced with raft of charges

Charges based on false statements by disgruntled former employees, broker says in statement

JOE LOFARO
@METRONEWS.CA

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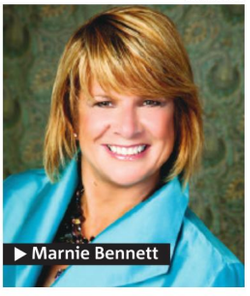


▶ Marnie Bennett

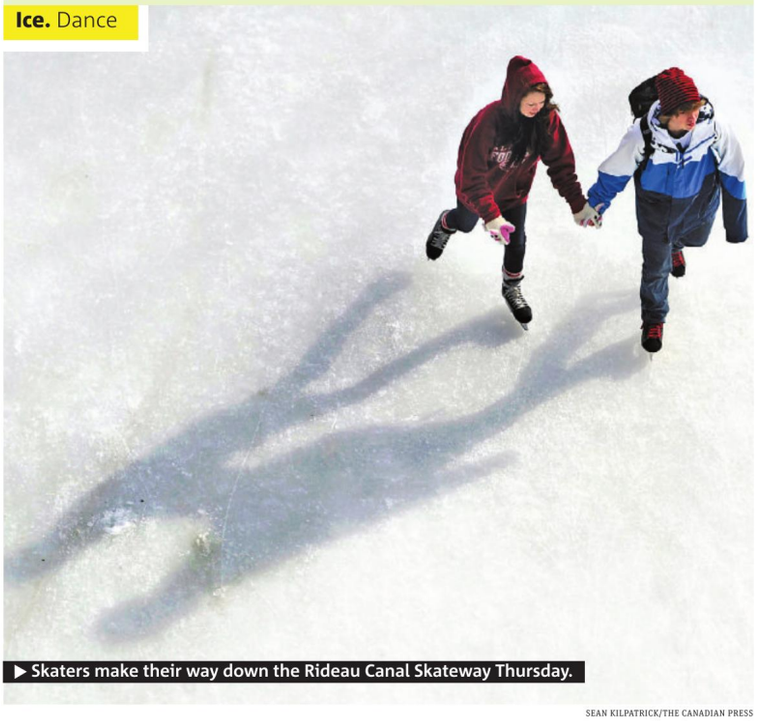
A well-known Ottawa real estate broker faces 18 charges under the Real Estate and Brokers Act including obstructing an inspector and falsifying information.

Marnie Bennett of Bennett Property Group Ltd. is charged with seven counts of obstructing an inspector; eight counts of falsifying, assisting, inducing or counselling another to falsify information or documents; and three counts of furnishing, assisting in furnishing or inducing or counselling another to furnish false information or documents.

Bennett refused to comment Thursday, but released a statement saying the allegations are false and were made by "disgruntled ex-agents." She has hired lawyer Michael Edelson to represent her in court.

Sherri Haigh, manager of communications for the Real Estate Council of Ontario, said these charges are "very serious" and the penalties for some of the charges include a maximum fine of $50,000 or possible jail time.

Ice. Dance



▶ Skaters make their way down the Rideau Canal Skateway Thursday.

SEAN KILPATRICK/THE CANADIAN PRESS

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New York City Air + 3 Nights $549
Courtyard New York - Fifth Avenue + taxes & fees $111
INCLUDES accom on Fifth Avenue. Departs Mar 1/ggv/dl. UPGRADE to 4-star W New York Downtown for $40 per night.

Vacations

Buenos Aires
Air + 7 Nights 4-Star
$1279
Sheraton Buenos Aires + taxes & fees $552
INCLUDES central accom overlooking Rio de la Plata. BONUS daily breakfast included. Departs Apr 15/ggv/ua/co. ADD tango show for $74.

Hong Kong Air + 8 Nights 4-Star $1199
Empire Hotel + taxes & fees $402
INCLUDES Causeway Bay accom. Departs Feb 19/ggv/ua/co. UPGRADE to 5-star Regal Hong Kong for $27 per night. ADD symphony of lights cruise for $52.

Fiji Air + 8 Nights $1869
Hexagon International Hotel + taxes & fees $204
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Riu Merengue + taxes & fees $410
Departs Feb 7/sgn/wg.

Cancun 7 Nights 4-Star $545
Oasis Cancun + taxes & fees $202
Departs Feb 4/swg/wg.

Punta Cana 7 Nights 4-Star $579
Punta Cana Roulette 4 + taxes & fees $369
Departs Apr 2/sqv/ws.

Margarita 7 Nights 4-Star $585*
Dunes Beach Resort + taxes & fees $310
Departs Feb 10/swg/wg.

Varadero 7 Nights 4-Star $615
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He skates and skates and skates ... and scores

Hockey players look to set long-distance breakaway record on the Rideau Canal skateway The six skaters' effort will stretch nearly eight kilometres

JOE LOFARO
@METRONEWS.CA

Organizers of the Beaver Cup Pond Hockey Festival will attempt to set a Guinness World Record on the Rideau Canal skateway next weekend for the longest breakaway goal.

So what happens if the shooter misses the net?

"Always have faith, my friend, that the shooter will not be denied the goal in the net," said Lester Gagné, the event's confident lead organizer.

1KM

Each skater will skate approximately 1 km with the puck before passing it to another skater.

The attempt will start at 7:15 a.m. on Feb. 11 on the ice near Chateau Laurier, and six skaters will pass the puck to each other in a relay-style trek across the 7.8-kilometre skateway.

The sixth skater, slated to be an NHL alumnus, will shoot the puck at a patient goalie guarding a net at the other end of the skateway by Dow's Lake.

The Beaver Cup Festival is a weekend-long four-on-four pond-hockey tournament. Participants in the tournament will include Ottawa Senators alumni and media personalities.

Four more info go to beavercuppondhockey.ca.

Helping. Hands

▶ Gloucester-Southgate Coun. Diane Deans serves up a hot meal to John O'Hara Thursday at the Ottawa Mission for the second annual Councillors Feed the Hungry event.

JOE LOFARO/METRO

Council, city staff on a Mission

Hundreds of people were served a hot meal by members of council. City staff also presented a cheque for $1,258, which covered the cost of the meal. Coun. Keith Egli said it's a reminder of how many depend on organizations like the mission.

Ottawa man facing corruption charges

A local man connected to a defunct Kanata tech firm is facing international corruption charges.

Nazir Karigar is charged with allegedly making a payment to an Indian government official concerning a multimillion-dollar contract. The allegations have not been proven in court. METRO

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Nunavut minister trashes crime bill

The Conservative government's massive new crime bill runs counter to a Supreme Court of Canada ruling on aboriginal justice, Nunavut's justice minister said Thursday.

New mandatory minimum sentences will overburden the territory's courts and corrections system and fly in the face of Criminal Code provisions on the treatment of aboriginal offenders, Daniel Shewchuk told the Senate's legal and constitutional affairs committee.

"The government of Nunavut believes that taking away discretion from judges is not the right approach."

Shewchuk noted that the Supreme Court recognized restorative justice principles in the 1999 Gladue decision, which addressed over-representation of aboriginals in prisons. THE CANADIAN PRESS

Cancer faker back in jail

A 24-year-old Burlington, Ont., woman who made national headlines for faking cancer is back behind bars.

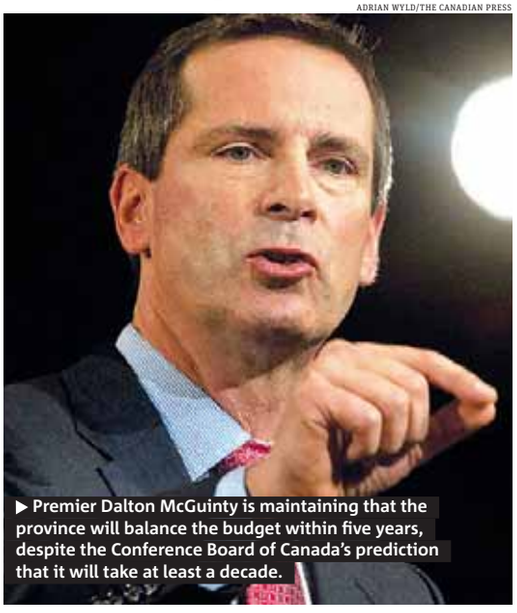
Ashley Kirilow is in custody pending a court appearance on Friday on charges of breaching conditions of her house arrest.

Kirilow was given a conditional sentence when she was convicted of fraud for scamming thousands of dollars for bogus cancer treatments.

Kirilow's breach arrest comes less than three months after being sentenced to 30 days in jail for shoplifting. THE CANADIAN PRESS

McGuinty challenges budget predictions

ADRIAN WYLD/THE CANADIAN PRESS



▶ Premier Dalton McGuinty is maintaining that the province will balance the budget within five years, despite the Conference Board of Canada's prediction that it will take at least a decade.

Says balance by 2017 is possible

Ontario's premier is disputing a Conference Board of Canada prediction that his province will be unable to balance its budget for a decade as economic growth slows and government revenues drop.

The Ottawa-based economic think-tank said Thursday its analysis suggests Ontario will need to rein in health-care cost increases if it wants to balance the books by 2022, because potential sustainable economic growth for Ontario is dropping to 1.9 per cent a year.

"The projected sluggish growth in Ontario's long-term potential output plays a crucial role in our analysis of the revenues available for government public services," Glen Hodgson, the board's chief economist said in a statement.

But McGuinty said Thursday the Liberals are still on track.

"I can tell you now we will balance our budget by 2017, and we will not raise taxes," the premier said. THE CANADIAN PRESS

Aging population

- The report cites aging demographics and slower labour-force growth as drags on potential growth, as well as a "challenging" economic environment in the United States.
- Ontario spent $47.1 billion on health care in the past year.

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Fingers pointed in citizenship gaffe

Kenney blames bureaucrats for misleading ceremony Minister's office apologizes on air to Sun News

Immigration Minister Jason Kenney and the Sun News Network are laying the blame for a misleading televised citizenship ceremony squarely on the shoulders of federal civil servants.

The Canadian Press reported Thursday that six federal bureaucrats were drafted to pose as new Canadians for a reaffirmation ceremony broadcast on the TV channel last October.

Kenney's office had asked the department to organize the event on short notice, adding it to the 60 events bureaucrats had planned for Canada's Citizenship Week.

The co-hosts of the show, who say they were unaware of the presence of the stand-in immigrants, repeatedly referred to the group of 10 as "new Canadians" who had "finally" received their citizenship.

A reaffirmation ceremony, however, is an opportunity for existing Canadians to retake their oath.

Kenney blamed the incident on "logistical" problems.

"I became aware that in a reaffirmation ceremony last year following logistical problems that the situation was poorly handled," Kenney said in the House of Commons.

"I regret that, but that in no way should undermine the importance and value of special reaffirmation ceremonies which we encourage all Canadians to participate in."

THE CANADIAN PRESS

THE CANADIAN PRESS/HO

▶ Alleged private citizens participate in a citizenship-reaffirmation ceremony in this photo posted on the immigration department's Twitter feed. Six federal bureaucrats were drafted to pose as new Canadians for the ceremony set up for the Sun News Network.

What happened

Documents released to The Canadian Press under access-to-information legislation show bureaucrats tried to convince Kenney's office and Sun News to abandon the ceremony idea.

- Kenney's office wound up asking the department to organize a simple reaffirmation ceremony.
- Kenney spokesman Kasra Nejatian said that at one point the minister's office had signalled the event would be cancelled for lack of participation, but that it was kept in play when bureaucrats insisted they had found 11 people to attend.
- Only three of those people showed up. But the show went on — featuring at least six federal bureaucrats.

MPs wear seal pins in support of hunt

The federal fisheries minister joined members of Parliament in showing their support for Canada's embattled sealing industry by wearing a lapel pin Thursday.

Keith Ashfield said the centuries-old commercial sealing industry is important to Canada's northern and eastern regions.

"Not only is it a humane and sustainable industry, it's also an industry that provides an important food source for our northern communities," he said during a brief ceremony on Parliament Hill.

In December, the federal government confirmed that the world's largest buyer of Canadian seal products — the Russian Federation — had banned importing harp-seal pelts.

The European Union banned importing seal products in 2010, and the federal government has failed to deliver on a promise to open the Chinese market to Canadian seal meat.

Earlier this week, Liberal Senator Mac Harb said the Conservative government should be declaring the industry dead as he condemned Thursday's photo opportunity, called Seal Day on the Hill.

THE CANADIAN PRESS

SEAN KILPATRICK/THE CANADIAN PRESS

▶ Minister of Fisheries and Oceans Keith Ashfield tries on a seal skin jacket during the Northern Lights 2012 Business & Cultural Showcase in Ottawa on Thursday.

Hanging idea has lots of support, says Tory senator

500 The senator said he's received 500 to 600 messages of support in only one day.

A Conservative senator says he's been inundated with expressions of support for his unusual idea of helping murder convicts commit suicide.

Pierre-Hugues Boisvenu had made an apparently off-the-cuff suggestion that killers be given rope in their prison cell — so that they could decide whether to hang themselves.

THE CANADIAN PRESS

Ombudsman calls for more rights for crime victims

The federal ombudsman for crime victims says they should have a right to attend parole hearings and get more information about the offenders who preyed on them.

Sue O'Sullivan also says the federal government should double the $100 surcharge levelled against criminals to finance restitution for victims.

She says that surcharge is routinely waived in the courts, but should be made mandatory.

THE CANADIAN PRESS

MAHMUD HAMS/GETTY IMAGES

▶ An Egyptian protester wearing a gas mask flashes a victory sign during protests near the interior ministry in downtown Cairo on Thursday. Clashes erupted in the Egyptian capital between protesters and police after violence killed 74 people following a soccer game.

Egyptians protest soccer-riot deaths

Police force remains a source of tension, accused of using heavy-handed tactics and resisting reform

Security forces clashed Thursday with stone-throwing protesters enraged by the failure of police to prevent a soccer riot that killed 74 people, as sports violence spiraled into a new political crisis for Egypt.

The deaths Wednesday night in a post-match stadium riot in the Mediterranean city of Port Said fueled anger at Egypt's ruling military and the already widely distrusted police forces. Many in the public and in the newly elected parliament blamed the leadership for letting it happen — whether from a lack of control or, as some alleged, on purpose.

388
Egypt's health ministry said 388 protesters were injured, most overcome by tear gas.

Survivors of the riot described a nightmarish scene in the stadium. Police stood by doing nothing, they said, as fans of the winning home team, Al-Masry, attacked supporters of the top Cairo club, Al-Ahly, stabbing them and throwing them off bleachers.

The network of zealous Al-Ahly soccer fans, known as Ultras, vowed vengeance, accusing the police of intentionally letting rivals attack them because they have been among the most aggressive of Egypt's revolutionaries.

About 10,000 people marched Thursday on the Cairo headquarters of the Interior Ministry, which oversees the security forces.

THE ASSOCIATED PRESS

LEGAL LOOPHOLE

Millionaire adopts girlfriend

In legal twist a judge calls "border(ing) on the surreal," a millionaire polo club founder in Florida has adopted his 42-year-old girlfriend to allegedly protect his wealth from a wrongful death lawsuit.

John Goodman, 48, is facing a civil suit launched by the parents of a 23-year-old man killed in a car crash in Wellington, Fla., in 2010, according to the Palm Beach Post.

The lawsuit states Goodman had a blood alcohol level double Florida's legal driving limit at the time of the Feb. 12, 2010 crash that killed Scott Patrick Wilson.

Last October, Goodman legally made Heather Laruso Hutchins, his girlfriend of about two years, his daughter. The move gives her immediate access to a third of a trust fund set up for his two children — a fund Goodman cannot access himself.

TORSTAR NEWS SERVICE

White House defends birth-control order

The Obama administration scrambled Thursday to contain a growing outcry over its decision that church-affiliated employers must cover birth control regardless of their religious principles.

Under the health care overhaul law, most employers and insurance plans will have to cover birth control free of charge as preventive care for women.

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Great leapin' groundhogs!

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▶ Punxsutawney Phil in Philadelphia.

FRANK GUNN/THE CANADIAN PRESS

▶ A reveller waits on Wiarton Willie.

▶ Shubenacadie Sam in Nova Scotia.

CONTRIBUTED

▶ Wiarton Willie in Ontario.

FRANK GUNN/THE CANADIAN PRESS

Six more weeks of what?

LOOKING FOR WINTER. Canada's groundhogs say the end of winter is just around the corner, and meteorologists agree that the country's furry forecasters are predicting the end of something that hasn't even begun.

Unseasonably warm temperatures from coast to coast have made winter a non-event for most Canadians, weather experts say, adding the unusual conditions have stymied their prognostications for months.

"The one thing uniting all Canadians right now is the question of 'Where's winter?' We're almost sending a search party looking for it," said Environment Canada senior climatologist David Phillips.

THE CANADIAN PRESS

No shadow = early spring

OPTIMISTS. Among the groundhogs calling for an early spring on Groundhog Day were Ontario's Wiarton Willie and Nova Scotia's prognosticating rodent Shubenacadie Sam, who both didn't see their shadows when they emerged on Thursday morning.

THE CANADIAN PRESS

Shadow = six more weeks of winter

NAYSAYERS. Manitoba's woodchuck, Winnipeg Willow, is siding with Pennsylvania's Punxsutawney Phil, who is calling for six more weeks of winter.

Willow was so startled at all the attention, she tucked her face into her handler's jacket, and failed as a result of not looking to see her shadow.

THE CANADIAN PRESS

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Syria draft resolution gains ground at UN

Unclear whether changes will be enough to garner support from Russia, which can still veto the proposal

Western ambassadors on the UN Security Council on Thursday embraced a revised resolution aimed at stopping the bloodshed in Syria and predicted rapid approval after removal of an explicit demand that President Bashar Assad step aside.

The latest draft, obtained by The Associated Press, still "fully supports" the Arab League's Jan. 22 decision to "facilitate a political transition leading to a democratic, plural political system."

But it removes a clause calling for Assad to hand power to a deputy before a new government is created.

THE CANADIAN PRESS

▶ Bashar Assad

British Ambassador Mark Lyall Grant and French Ambassador Gerard Araud said they expected that a final version could be ready for a vote as early as Friday.

U.S. Ambassador Susan Rice was less optimistic. "This is still tough going, very much so," she said.

Russian Ambassador Vitaly Churkin did not comment on the revised text as he entered the meeting.

In an apparent effort to overcome Russian objections, the new version of the resolution no longer includes the explicit reference to Assad delegating his powers.

It also removes language calling for a new national unity government and for transparent, free elections — also important parts of the Arab peace plan.

THE ASSOCIATED PRESS

Gaza. Dissent

▶ Palestinians demonstrate before the arrival of UN Secretary General Ban Ki-moon at the Erez checkpoint in the northern Gaza Strip on Thursday.

MOHAMMED ABED/GETTY IMAGES

UN visit put on pause by protest

Protesters threw shoes, sand and small stones at the secretary general's convoy, which was briefly held up before continuing on to Khan Yunis. The incident cast a shadow over Ban's visit, meant to draw attention to humanitarian issues.

Cuba cracks down on corruption

Cuban authorities are summoning bureaucrats and Communist Party members to watch a video about corruption investigations, as President Raul Castro's government signals that it's serious about cracking down on graft.

THE ASSOCIATED PRESS

Secret U.S. no-fly list doubles

The Obama administration has more than doubled, to about 21,000 names, its secret list of suspected terrorists who are banned from flying to or within the United States, including about 500 Americans, the Associated Press has learned.

THE ASSOCIATED PRESS

Colombia bombing kills six

Assailants in pickup trucks fired homemade mortars at a police station in Villa Rica, Colombia, on Thursday, killing at least six people and wounding more than 20, the regional police chief said, noting it was too early to assign blame.

THE ASSOCIATED PRESS

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Sears

Eastern Europe trapped by snow

Death toll rises to 123 as killer cold and blizzards leave thousands stranded Temperatures reach -30 C

LUCA BRUNO/THE ASSOCIATED PRESS

▶ A man shovels snow in Milan Italy.

At least 11,000 villagers have been trapped by heavy snow and blizzards in Serbia's mountains, authorities said Thursday, as the death toll from Eastern Europe's weeklong deep freeze rose to 123, many of them homeless people.

The harshest winter in decades has seen temperatures in some regions dropping to -30 C and below, and has caused power outages, traffic chaos and the widespread closure of schools, nurseries and airports.

Those stranded in Serbia are stuck in some 6,500 homes in remote areas that cannot be reached due to icy, snow-clogged roads with banks reaching up to five metres. Emergency crews were pressing hard to try to clear the snow to deliver badly needed supplies, and helicopters were dispatched to some particularly remote areas in Serbia and neighbouring Bosnia.

On Bosnia's Mt. Romanija, near Sarajevo, a chopper thumped down in the small hamlet of Ozerkovici, where a single nun lives in a Serb Christian Orthodox monastery surrounded by just a few villagers.

Wrapped tight in a black jacket and a scarf, Sister Justina greeted aid workers at her monastery: "I live alone here," she said, adding "God will help me."

In Serbia, relief efforts are concentrated on evacuating the sick, on food delivery and gasoline distribution.

THE ASSOCIATED PRESS

Daily cuppa. Politics

▶ A barista creates a portrait of billionaire Mikhail Prokhorov in Moscow.

SERGEY PONOMAREV/THE ASSOCIATED PRESS

A sweeter side of Putin

The portraits of Prime Minister Vladimir Putin and other Russian presidential candidates adorn cups of cappuccino at a Moscow coffee house.

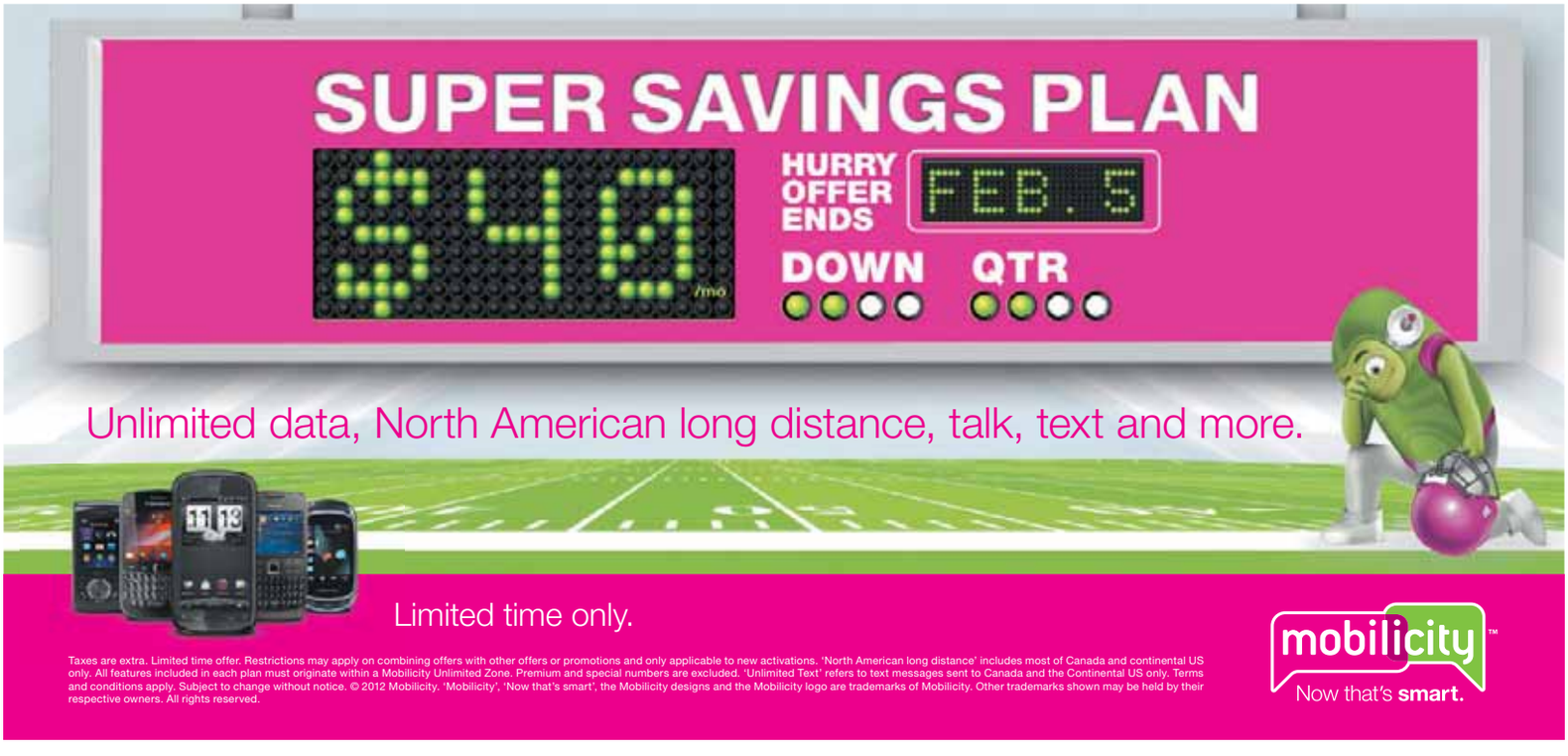
EU rules demand Assange be extradited: Lawyer

Sweden's public prosecutor was right to demand the return of Julian Assange, a lawyer told Britain's Supreme Court Thursday, saying that failing to hand over the activist would break with precedent and wreck European extradition rules.

Clare Montgomery, the lawyer for Sweden's prosecution service, struck back at Assange's legal team's argument that only impartial authorities such as a judge can properly issue European arrest warrants.

"The English notion of an arrest warrant issued by a court is very much an exception," she said.

Experts interviewed ahead of the case said the legal precedent gives Montgomery the upper hand in the trial. THE ASSOCIATED PRESS



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While we always love to share student success stories, on occasion one really stands out, surprising even us. This year we want to recognize ***Marc Ramsey*** *for providing our student success story of the year. Marc hit the ground running when he started working with MMG last spring. He has completed three flips including a high-rise luxury condo and a house that has been fully rehab-ed. Even more impressive is his most recent accomplishment.Marc just purchased a 44 unit apartment complex with three separate buildings for a mere $150,000. Once the rehab is completed, Marc will still be under $500,000. This will give him a stabilized asset of one MILLION DOLLARS with a NOI of over $200,000 per year. We cannot express how proud we are of Marc's accomplishment and are thrilled that MMG was able to help him realize his financial dreams.*

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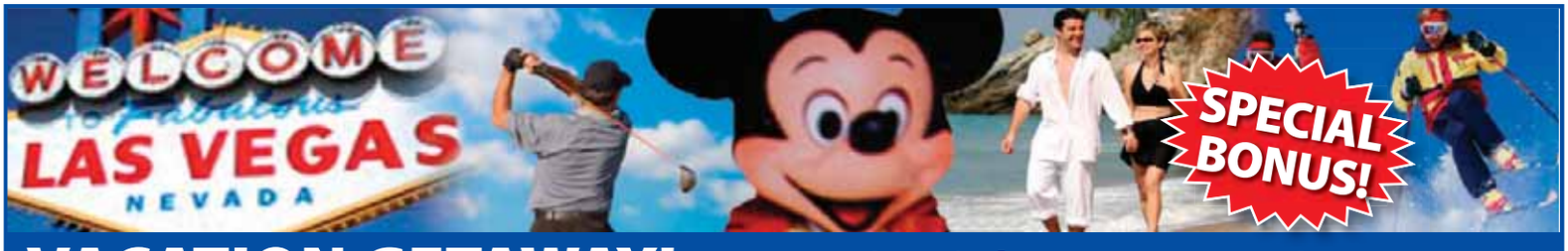

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Facebook public stock not just for anyone

Shares to trade publicly in about three months Limited supply, high demand likely to make for high prices

Canadian Facebook fans may share everything from pictures of their meals to engagement announcements on the site, but they're unlikely to get in on its long-anticipated initial public stock offering.

It's often difficult to scoop up shares before they're listed on a public market and given the hype surrounding Facebook Inc.'s IPO, it's going to be harder for average investors to get shares at the initial price.

John O'Connell, CEO at money manager Davis Rea, says "99.9 per cent of Canadians aren't going to get any Facebook on the IPO."

The company's underwriters, who dole out the shares, grant access to the biggest of Canadian players. There are few Canadians or Canadian firms wealthy enough to have an account at the American investment behemoths Morgan Stanley, JPMorgan Chase and Goldman Sachs.

"They're only going to give it to their biggest, best client and even they're going to get very, very small amounts," O'Connell said.

THE CANADIAN PRESS

PAUL SAKUMA/THE ASSOCIATED PRESS FILE

▶ This Oct. 15, 2011, file photo shows Facebook CEO Mark Zuckerberg smiling during a meeting in San Francisco.

Shares or not?

- **Facebook said in its** 200-page prospectus that it plans to raise an initial $5 billion US by selling a portion of its shares.
- **Depending on reaction to the IPO,** the company could be valued at $100 billion or even more.
- **An initial offering price,** will be determined by the level of investor interest, but it's estimated to be at between $30 to $35 per share.
- **That would mean about** 67 million shares in circulation, which scarcely covers the intense demand for the world's biggest social networking website.

Britain's oldest paper takes spotlight at Murdoch scandal inquiry

Police are investigating alleged email interception by Rupert Murdoch's Times of London, a British lawmaker said Thursday — dragging Britain's oldest national newspaper into the broadening scandal over press wrongdoing.

The country's media ethics inquiry has summoned the newspaper's editor to answer questions about the claims.

Labour Party legislator Tom Watson, who helped lift the lid on tabloid phone hacking, released a letter from police confirming they were investigating alleged email hacking by the Times. Watson, a member of Parliament's culture, media and sport committee, had written to police asking them to take up the issue.

The letter from Det. Supt. John Levett, head of the force's computer-hacking investigation, is dated Jan. 25 and tells Watson that "the concerns raised within your letters are under investigation and officers ... are dealing directly with the victim."

The 226-year-old Times has acknowledged that a former reporter tried to intercept emails in 2009 to unmask an anonymous policeman who blogged as NightJack.

Editor James Harding told the media ethics inquiry last month that the reporter had acted on his own and had been reprimanded. The paper later published the blogger's name, but Harding insisted it had been obtained legally.

London's Metropolitan Police confirmed Thursday that computer hacking investigators "are in contact with Mr. Watson in relation to specific issues he wishes to raise," but would not confirm the letter's authenticity. The Times declined to comment.

In the wake of the new development, Harding will be summoned back to give further testimony to the judge-led inquiry.

Police are holding parallel inquiries into phone hacking, police bribery and claims of computer hacking by Murdoch papers, triggered by the revelation that the now-defunct News of the World tabloid routinely listened to mobile phone voice mails for stories.

The investigation has expanded to take in claims of illegal payments to police by staff of the News of the World and its sister tabloid, The Sun. Murdoch's News Corp. has acknowledged hacking the emails of Chris Shipman, the son of serial killer Harold Shipman. It has apologized and paid Shipman damages.

THE ASSOCIATED PRESS

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Workers' bonus augurs well for automaker's turnaround

Factory workers at Chrysler are getting $1,500 US profit-sharing cheques next month, a sign the automaker's turnaround is succeeding. About 26,000 U.S. union-represented workers should get the payments, according to Chrysler's contract with the United Auto Workers union. The profit-sharing figure is based on an Associated Press analysis of company earnings, and the labour-contract formula for profit-sharing.

Chrysler would not say how much the workers will get. But the formula in its new four-year contract with the UAW shows that the cheques will be about $1,500. They are based on Chrysler's $2-billion operating profit for 2011, reported on Wednesday.

THE ASSOCIATED PRESS

New WestJet carrier to draw more traffic

The new short-haul carrier WestJet Airlines Ltd. is considering would operate separately from the main airline but help draw more traffic into its network, CEO Gregg Saretsky said Thursday.

The move would benefit the main network, as it would draw more passengers from smaller destinations into major hubs, such as Calgary, Saretsky told an investor conference in New York.

The Calgary company announced last month it's considering a regional carrier that would give it a presence in smaller markets where competitor Air Canada is currently the only game in town.

Air Canada Jazz provides regional flights across the country for the Montreal carrier under a contract with Jazz Aviation LP.

WestJet's fleet comprises one type of aircraft, Boeing 737s that can carry between 119 and 166 passengers. Those planes are too big to economically shuttle passengers between small destinations. The company has called its single-fleet strategy its "secret sauce" for keeping costs low as it simplifies training, maintenance and other tasks.

Saretsky said the regional carrier would follow the same recipe, with it including just one type of smaller aircraft, likely 70-seat turboprops such as Bombardier's Q400s.

THE CANADIAN PRESS

Kodak Co. wants name off Oscar theatre

Eastman Kodak Co. is looking to get out of its naming-rights contract with the Los Angeles theatre that hosts the Academy Awards.

The Democrat and Chronicle of Rochester reports that the photography company filed a motion this week in U.S. Bankruptcy Court seeking to end its sponsorship agreement with Hollywood's Kodak Theatre. Kodak's name has been on the venue since 2001. The newspaper reports that Kodak pays "a significant annual fee" for naming rights to Kodak Theatre. THE ASSOCIATED PRESS

MATT SAYLES/THE ASSOCIATED PRESS

▶ Outside the Kodak Theatre in 2011.

INVESTORS IN PYJAMAS

THE METRO LIST

NEIL MORTON
METRO

1 **Super (Ad) Bowl:** The big game is this Sunday between the New England Patriots and the New York Giants, but what 150 million-plus viewers will **really** be watching are the multimillion-dollar TV ads. As for the game? I've got the Giants by three.

2 **I Hate Everyone:** No, not me. It's a new book by Matthew DiBenedetti called I Have Everyone, which covers everything "from rich people who are dicks, to guys named Rich who go by Dick." Sounds like a book you'll hate to love. Or love to hate. Also follow him on Twitter @whatihatetoday. Sample tweet: "I HATE when my DVR cuts off the last 30 seconds of the show." Amen, brother.

3 **'Destroy America' tweet:** Two British friends were detained by Homeland Security after landing in L.A. for a vacay for tweeting they would "destroy America." The pair said "destroy" is slang for partying, but it was to no avail. They were refused entry to the U.S. No word on whether they watched Team America on the plane ride back to Britain the next day.

4 **The River:** ABC's new paranormal drama about a doctor (played by Canada's Bruce Greenwood) who goes missing deep in the Amazon debuts next Tuesday and is being called one of the scariest shows. Ever. Definitely one of the most hyped. They already have 200,000 fans on their Facebook page, and the show hasn't even started.

5 **PJs go outside:** With pyjamas as outdoor wear becoming a worldwide trend, clothing companies are stocking up on comfy apparel that's taking the indoors out. Some cities and school districts are trying to ban PJs as outdoor wear while others ask what the big deal is. I'm not sure how to feel about this. I need to sleep on it ... in my jeans and plaid shirt.

6 **Facebook IPO:** Facebook, which has a valuation of somewhere between $75 and $100 billion, is filing the necessary papers to allow it to go public. FB has more than 800 million users, or one-seventh of the world's entire population. When there is a Facebook IPO, its employees are going to be stinking rich. Is it too late to apply for an internship, Mr. Zuckerberg?

7 **Tennis's near-six-hour marathon:** In an Australian Open final that was just as exhausting to watch, Serbia's Novak Djokovic defeated Spain's Rafael Nadal 5-7, 6-4, 6-2, 6-7 (5), 7-5 in an epic, five-hour, 53-minute match — the longest Grand Slam singles final in tennis's open era. The next time my best-of-three doubles Ping-Pong match goes to a final set, I won't complain.

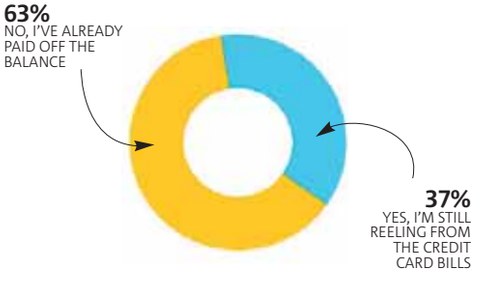
8 **I Mother Earth:** The Canadian alt-rock band recently ended an eight-year hiatus by announcing they were playing a one-off show at The Sound Academy in Toronto in March. This week they tweeted out @IMENation2012 that "IME sells out @soundacademy 5 hrs into public sale." As they asked on their IME blog, "The question now becomes: What do we do next?" A tour!?

9 **My wife = 40:** My amazing wife, Christi, said no surprises on her birthday. So I'm not going to surprise her at all by wishing her a happy 40th birthday (it's on Feb. 8) in a newspaper column that goes across Canada. No way.

Follow Neil Morton on Twitter (@neilmorton).

Register at metropolitanpanel.ca and take the quick poll

Are you among the 31 per cent who overspent during the holidays, according to an RBC survey?



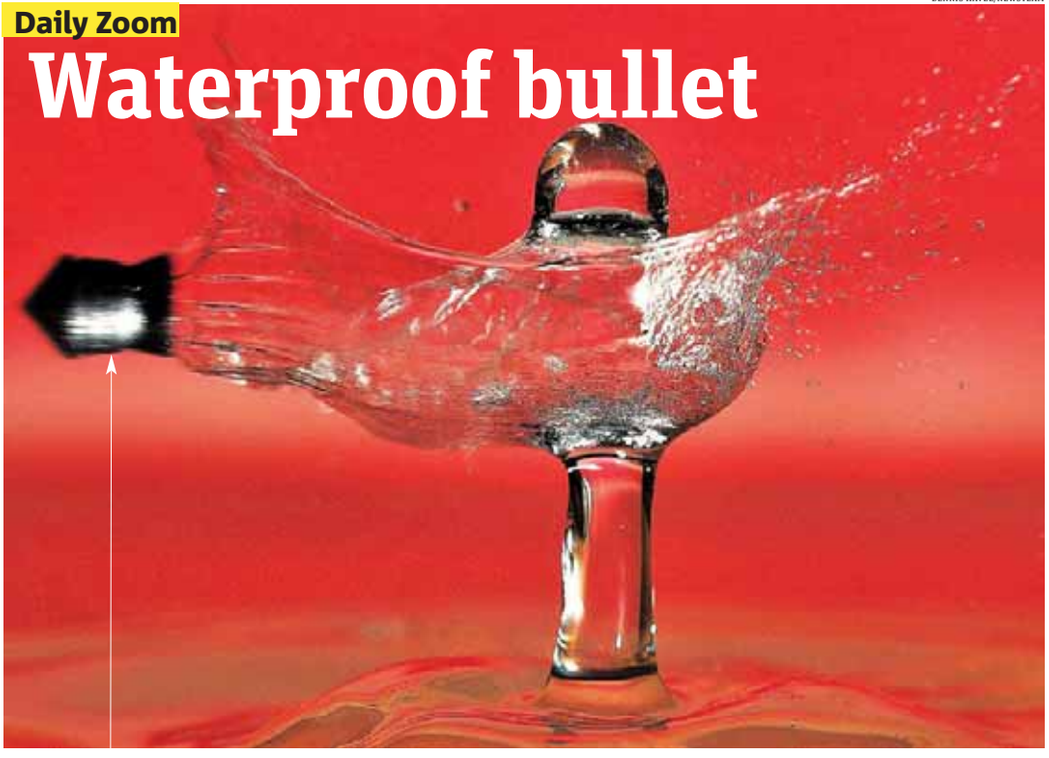
Local tweets

- **@CHEF_LYNN:** #Winterlude Skating was amazing in my new hat....so happy to be back in Ottawa! pic.twitter.com/ToOvQ5FB
- **@doveparmar:** #HaveYouEverNoticed that the Ottawa Senators are arguably the worst franchise in the history of the NHL
- **@saxby:** It looks like thursday night at the gallery is a common date idea forOttawa.
- **@Tori_was_here_:** I actually miss the 50million shawarma stands in Ottawa because there are zero here. :(
- **@remiLroy:** Ottawa may be the only city on the planet where pedestrians need traffic signs to direct foot traffic
- **@Haidar33:** I swear, I'm followed by more pornstars than actual people

DENNIS HAVEL/NEWSTEAM

Daily Zoom

Waterproof bullet



Moment bullet caught droplet

PHOENICIA, NEW YORK. Here's a shutterbug who can catch bullets! This is a stunning image by a retired police officer who has captured a gun pellet flying through a falling water drop. Dennis Havel, 63, took on this seemingly impossible task after one of his friends bet him $50 he couldn't do it. MWN

"I'm not an expert photographer — it was more of a mathematics and physics thing."

DENNIS HAVEL EXPLAINS. HE USED A CONTRAPTION WITH INFRARED DETECTORS. WHEN THE DROPLET WAS RELEASED, IT BROKE A BEAM TO START A SEQUENCE IN A TIMER MODULE. ABOVE, YOU SEE THE RESULT.

A perfect shot? Get the ruler out

PHYSICS. It wasn't a knack for firearms that helped Havel get the desired shot. He had to calculate how long the droplet would take to fall 33 centimetres as the pellet was firing across. "I have a timer set so it fires the flash a couple of thousands of seconds after the drop is released," he said. MWN

260

metres per second — the speed of the flying pellet. After a valve has released the droplet through an infrared sensor that triggered the gun and the flash, the whole process took 28 milliseconds.

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Synopsis

- Daniel Radcliffe plays lawyer Arthur Kipps. Leaving his son behind in London, the widower travels to a remote English village to settle the affairs of Alice Drablow. Ms. Drablow may have shuffled off this mortal coil but the locals are convinced she still haunts her old house. Worse, because she still mourns her son Nathaniel, a toddler who drowned on her estate, whenever she is seen, a village child dies.
- **Ratings:**
Richard: ⊕⊕⊕⊕
Mark: ⊕⊕½

HANDOUT

▶ Daniel Radcliffe stars as lawyer Arthur Kipps in The Woman in Black.

Paint it black

Radcliffe goes up against supernatural again and does a good job, too
Our reviewers deem the film a 'masterpiece of atmospheric dread'

Reel Guys

RICHARD CROUSE & MARK BRESLIN

Richard: Mark, I really like haunted house movies and as haunted houses go, this is a doozy. It's remote, old and rambling. Doorknobs turn by themselves, faces appear in windows and there are stuffed monkeys and creepy Victorian children's wind-up toys everywhere. With toys like this to play with it's a wonder Victorian kids weren't scared half-out-of-their-minds all the time. Did this movie creep you out?

Mark: Creep me out? Definitely. The movie is a masterpiece of atmospheric dread. It's not so much about what happens on-screen, but what is about to happen onscreen. Let's face it, there's something creepy about Victorians to begin with. Did it scare me? No, I just don't have a fear of the supernatural. And although I loved the look and feel of the film, with its peeling paint and fog that you can sense at the nape of your neck, the creaky plot, reminiscent of those remakes of Japanese ghost films of the mid-90's, did not excite me. But let's talk about the 800 lb wizard in the room, Mr Radcliffe. Richard, was this film a good choice for him?

RC: Well, once again Radcliffe finds himself butting heads with the supernatural. It's not exactly Harry Potter Meets the Woman in Black, but it's almost as entertaining and I think it will act as a smooth transition from child star to adult. He's giving people what they want, a heroic figure, like Harry, but one with added dimensions — he's a widower and a troubled soul who finds a new lease on life through adversity. A smallish gothic horror film might not have been the obvious choice for Radcliffe's coming out party, but it was a good one.

MB: I'm glad he chose a film so very British to do; it keeps him true to his roots. But if there's any doubt we're dealing with a true star whose talents will last, it's Radcliffe's 20 minute dialogue-free set piece in the middle of the movie. He holds our attention with only his physical presence and expressions. Impressive, don't you think?

RC: He really anchors the film. It's difficult not to see Harry Potter in his face but here he takes a good stride to step away from the typecasting of his most successful role.

MB: Loved Radcliffe, loved the meticulous direction; just wished the storyline weren't so thin and derivative

2 scene

Scene in brief

The upcoming remaking of 21 Jump Street will premiere as the centrepiece of Austin's South by Southwest Film Conference and Festival. The action-comedy stars Jonah Hill and Channing Tatum in a big screen version of the 1980s Johnny Depp TV series. It will screen March 12 at SXSW, which runs March 9-17.

THE ASSOCIATED PRESS

W.E. stars say critics being harsh on film because Madonna directed it

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PULP FICTION 9:00 PM

SCARFACE 11:59 PM

SAT FEB 4

STAND BY ME 12:00 PM

FERRIS BUELLER`S DAY OFF 2:30 PM

SIXTEEN CANDLES 4:50 PM

JURASSIC PARK 7:00 PM

SERENITY 9:35 PM

SHAUN OF THE DEAD 11:59 PM

SUN FEB 5

BACK TO THE FUTURE 2:00 PM

BACK TO THE FUTURE 2 4:40 PM

BACK TO THE FUTURE 3 7:00 PM

SPACEBALLS 9:35 PM

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SERENITY 4:45 PM

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AIRPLANE! 9:40 PM

WED FEB 8

¡THREE AMIGOS! 1:30 PM

AIRPLANE! 3:45 PM

SPACEBALLS 5:45 PM

STAND BY ME 7:45 PM

LOST BOYS 9:50 PM

THURS FEB 9

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Movie reviews

See it twice

Big Miracle

Genre: Romantic drama
Director: Ken Kwapis
Stars: Drew Barrymore, John Krasinski

Based on a global attempt to save three whales caught in the Arctic ice in 1988, Big Miracle combines schmaltzy, feel-good, pro-environmental fare with a surprisingly complex, entertaining cast of characters.

As the giant mammals attract international interest, everyone from activists (Drew Barrymore) to oil executives join together for the cause.

It'd all be excessively campy except for the film's self-awareness and slight hand at delivering some genuine suspense and fun.

STEVE GOW

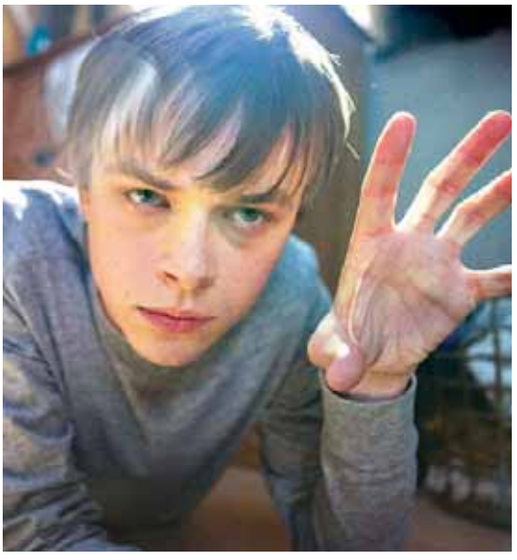
Chronicle

Genre: Drama
Director: Josh Trank
Stars: Dane DeHaan, Alex Russell, Michael B. Jordan

First-time director Josh Trank takes a genre that was quickly careening into gimmick territory — the found-footage/POV style of Cloverfield — and injects new life into it with his debut, Chronicle.

Of course, it helps that one of his three teenage main characters, outcast Andrew (Dane DeHaan) is something of a cinephile and obsessive self-documentarian, which means a distinct lack of shaky camerawork for Andrew.

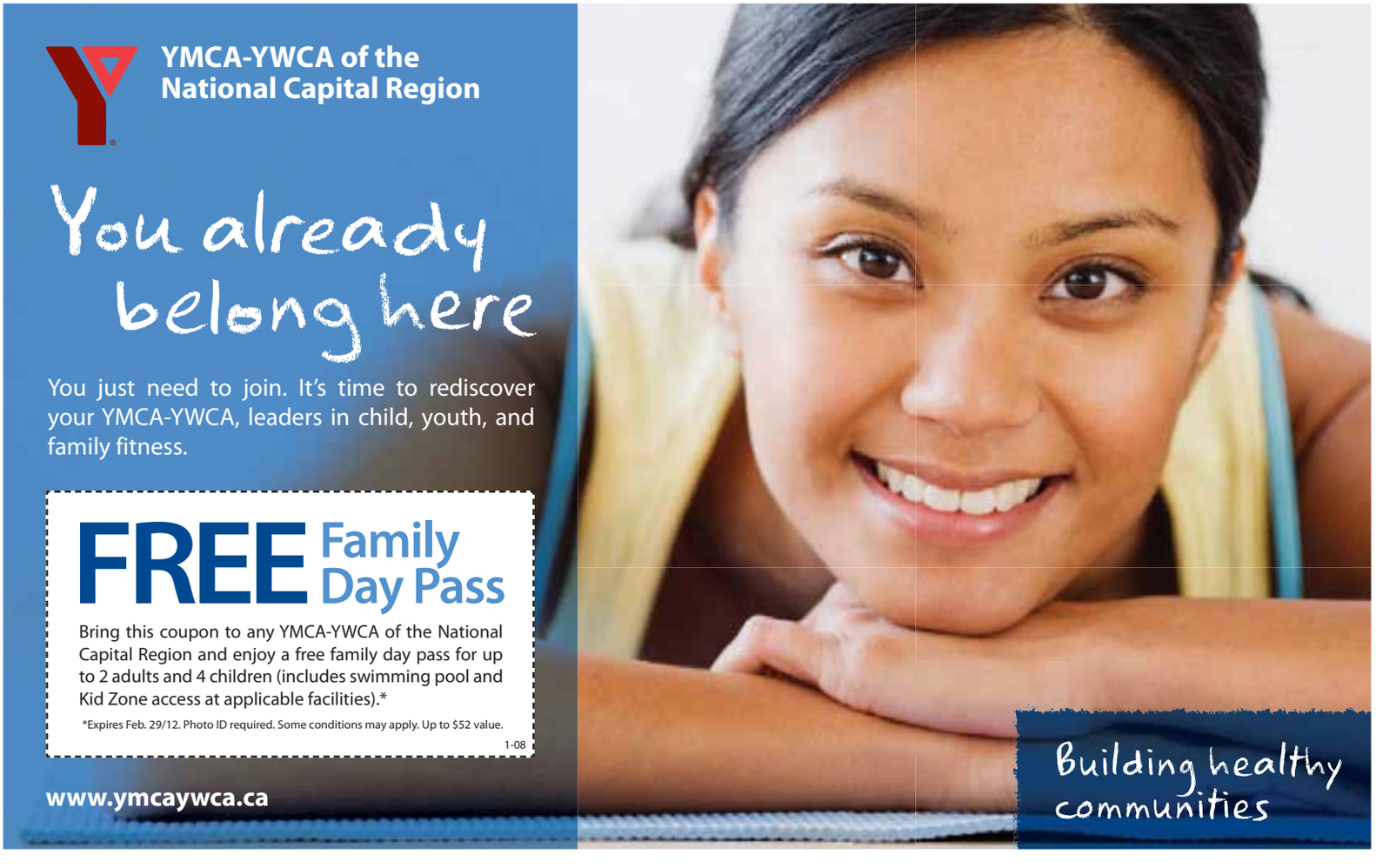
And it further helps that Andrew and his pals (Alex Russell and Michael B. Jordan) develop telekinetic powers after a run-in with a mysterious glowing object buried under a field. Before long, Andrew realizes he can control his camera with his mind.



The story, as well, is a refreshing take on old territory — what happens when everyday people develop superpowers.

Only here, there are no spandex suits or sense of community service. Apparently, with great power really comes great mischief and petty retribution. It's a much more believable depiction of teenagers' lives turning into comic books, and much more enjoyable.

NED EHRBAR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Albert Nobbs
Genre: Drama
Director: Rodrigo Garcia
Stars: Glenn Close

There's a trend in this year's Best Actress Oscar race — amazing female performances in otherwise humdrum films, including Meryl Streep in the Iron Lady and Michelle Williams in My Week with Marilyn.

Add to that list Glenn Close in Albert Nobbs, about a 19th-century Irish woman living as a man to work as a waiter in a Dublin hotel.

Under a tight haircut and lightly applied prosthetics, Close disappears into the meek, fastidious little creature and makes it completely plausible that Nobbs could pull one over on her bosses, co-workers and guests.

It's a role Close has been intimate with for decades, having played it on stage in the '80s, and that level of familiarity and comfort shows.

The rest of the film plays dress-up as well, unfortunately with what feels like a not-too-interesting Masterpiece Theater episode masquerading as a big Oscar film.

The ensemble and director Rodrigo Garcia do fine work, to be sure, but it all feels too small and careful.

And Close's transformative turn is only made that much more impressive when Janet McTeer's Hubert — another woman posing as a man — shows up in much less convincing drag. Albert's sleight of hand looks clever and artful, whereas Hubert's just makes everyone else around her look stupid. **NED EHRBAR**

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Cannes International Advertising Festival (STC) Fri 4:59 Sat 3:10-5:10 Sun 6:30 Mon 6:40 Tue 8:40 Wed-Thu 4:50
Carnage (14A) Fri 9:10 Sat 7:15 Sun 2:30-8:30 Mon 8:40 Tue 4:59-6:50 Wed 6:50 Thu 9:15
Pina (G) Fri 6:59 Sat 12:59-9:05 Sun 4:20 Mon 4:30
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Sea Monsters 3D: A Prehistoric Adventure (STC) Fri 10:30-11:40-12:50-2 Sat-Sun 10-11:10-11:45-12:55-1:30-2:40-3:50 Thu 4:5-10:5-45-6:55 Fri 11:05-12:15-1:25 Sat-Sun 10:35-12:20-2:05-3:15 Thu 4:35-6:20

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The Adventures of Tintin 3D (PG) Fri 12:45-3:50-6:30-9:20 Sat 12:45-6:30-9:20 Sun 12:45-3:50-6:30-9:20 Mon-Thu 3:50-6:30-9:20
Agneepath (14A) Fri-Sun 1:30-5:30-9:15 Mon-Thu 5:30-9:15
Airplane! (STC) Tue 9:40 Wed 3:45
Alvin and the Chipmunks: Chipwrecked (G) Fri 12:50-3:45-6:35 Sat 3:45-6:35 Sun 12:50-3:45-6:35 Mon-Wed 3:45-6:35 Thu 3:45
Back to the Future (PG) Sun 2
Back to the Future Part II (STC) Sun 4:40
Back to the Future Part III (STC) Sun 7
The Big Lebowski (14A) Fri 6:30 Thu 4:10
Big Miracle (STC) Fri-Sun 1:10-4:20-7:20-10:05 Mon-Wed 4:20-7:20-10:05 Thu 1:4-20-7:20-10:05
Chronicle (14A) Fri-Sun 1:35-4:25-6:40-9:05 Mon-Thu 4:25-6:40-9:05
Contraband (14A) Fri-Sun 1:20-4:30-7:10-10 Mon-Thu 4:30-7:10-10
Ferris Bueller's Day Off (PG) Sat 2:30 Mon 7:35
The Grey (14A) Fri-Sun 12:55-4:10-7:05-10:10 Mon-Thu 4:10-7:05-10:10
Jurassic Park (PG) Sat 7 Tue 2
The Lost Boys (STC) Wed 9:50
Man on a Ledge (PG) Fri-Sun 1:05-4:05-6:50-9:40 Mon-Thu 4:05-6:50-9:40
The Metropolitan Opera: Faust Encore (STC) Sat 12:55
One for the Money (PG) Fri-Sun 1:15-3:55-6:45-9:10 Mon-Thu 3:55-6:45-9:10
Pulp Fiction (STC) Fri 9 Mon 4:30
RoboCop (STC) Fri 4:10 Thu 9:35
Scarface (STC) Fri 11:55 Mon 1
Serenity (14A) Sat 9:35 Tue 4:45
Shaun of the Dead (18A) Sat 11:55
Sherlock Holmes: A Game of Shadows (PG) Fri-Wed 9
Sixteen Candles (14A) Sat 4:50 Mon 9:50
Spaceballs (STC) Sun 9:35 Wed 5:45
Stand by Me (STC) Sat 12 Wed 7:45 Thu 2
The Terminator (STC) Fri 1:45 Thu 7
Three Amigos! (STC) Tue 7:20 Wed 1:30
Travelling Light (STC) Thu 7
Underworld: Awakening 3D (18A) Fri-Sun 1:25-4:15-6:55-9:30 Mon-Thu 4:15-6:55-9:30
The Woman in Black (14A) Fri-Sun 1-4-7-9:50 Mon-Thu 4-7-9:50

EMPIRE 7 CINEMAS
111 Albert St., 3rd Floor, World Exchange Plaza, 613-233-0209

Albert Nobbs (14A) Fri 3:55-7-9:45 Sat-Sun 12:55-3:55-7-9:45 Mon-Thu 3:55-7-9:45
The Artist (PG) Fri 3:50-6:55-9:40 Sat-Sun 12:50-3:50-6:55-9:40 Mon-Thu 3:50-6:55-9:40
A Dangerous Method (14A) Fri 4-6:25-9:50 Sat-Sun 1-4-6:25-9:50 Mon-Tue 4-6:25-9:50 Wed-Thu 4

The Descendants (14A) Fri 3:40-6:45-9:30 Sat-Sun 12:40-3:40-6:45-9:30 Mon-Thu 3:40-6:45-9:30
Extremely Loud & Incredibly Close (PG) Fri 3:30-6:25-9:20 Sat-Sun 12:30-3:30-6:25-9:20 Mon 3:30-6:25-9:20 Tue-Thu 3:30
The Iron Lady (PG) Fri 3:45-6:50-9:35 Sat-Sun 12:45-3:45-6:50-9:35 Mon-Thu 3:45-6:50-9:35
National Theatre Live: Travelling Light (STC) Thu 7
Tinker Tailor Soldier Spy (14A) Fri 3:35-6:35-9:35 Sat-Sun 12:35-3:35-6:35-9:35 Mon-Tue 3:35-6:35-9:35 Wed 3:35-6:35-9:25 Thu 3:35-6:35-9:35

MAYFAIR THEATRE
1074 Bank St., 613-730-3403, mayfair-movie.com

Across 110th Street (R) Fri 11:45
Better Than Something: Jay Reatard (STC) Sun 8:45 Wed-Thu 9
The Divide (STC) Fri 9:15 Sat 8:45 Mon 9:45 Tue 9
J. Edgar (PG) Fri 6:30 Sat-Sun 6 Mon 7
Surviving Progress (R) Tue-Thu 7
Yakuza Weapon (STC) Sat 11:15

OTTAWA FAMILY CINEMA
710 Broadview Ave., 613-722-8218, familycinema.ca

Avatar: Special Edition 3D (PG) Sat 2
No Films Showing Today (STC) Sun-Thu
Sound of Music (Sing-A-Long) (STC) Fri 7

RAINBOW CINEMAS
St. Laurent Centre,1200 St. Laurent Blvd., 613-688-0850

The Girl With the Dragon Tattoo (18A) Fri-Thu 10:15-1:30-4:45-8
Happy Feet Two 3D (PG) Fri-Thu 12:25-2:30-4:35
Haywire (14A) Fri-Thu 7:10-9:20
Hugo (PG) Fri-Thu 9:55-4-6:35-9:10
Joyful Noise (PG) Fri-Thu 10:25-1-6:45
The Muppets (G) Fri-Thu 10:30-12:35-2:45-5
My Week With Marilyn (14A) Fri-Thu 10:05-6:55-9
Puss in Boots 3D (G) Fri-Thu 12:15-2:10
The Twilight Saga: Breaking Dawn Part 1 (PG) Fri-Thu 4:10-9:15

RIDEAU CENTRE CINEMAS
50 Rideau St., 613-234-3712

Chronicle (14A) Digital Fri 4:05-6:40-9:30 Digital Sat-Sun 1:20-4:05-6:40-9:30 Digital Mon-Wed 4:05-6:40-9:30 Digital Thu 4:05-9:30
Hugo 3D (PG) Fri 3:45-6:35-9:25 Sat-Sun 12:55-3:45-6:35-9:25 Mon-Thu 3:45-6:35-9:25
Man on a Ledge (PG) Digital Fri 4-6:35-9:15 Digital Sat-Sun 1:15-4-6:35-9:15 Digital Mon-Thu 4-6:35-9:15

SOUTH KEYS
2214 Bank St., 613-736-1115

The Adventures of Tintin (PG) Fri-Sun 11:20-1:55-4:35-7:25-9:55 Mon 1:55-4:35-7:25-9:55 Tue 11:20-1:55-4:35-7:25-9:55 Wed-Thu 1:55-4:35-7:25-9:55
The Artist (PG) Fri-Thu 12:40-3:25-6:35-9:15
Beauty and the Beast 3D (G) Fri-Sun 11:40-2-4:15-7 Mon 2-4:15-7 Tue 11:40-2-4:15-7 Wed-Thu 2-4:15-7
Big Miracle (STC) No Passes Fri-Sun 11:10-1:35-4:05-6:45-9:30 No Passes Mon 1:35-4:05-6:45-9:30 No Passes Tue 11:10-1:35-4:05-6:45-9:30 No Passes Wed-Thu 1:35-4:05-6:45-9:30
Chronicle (14A) No Passes Fri-Sun 11:30-2:10-4:30-7:20-9:40 No Passes Mon 2:10-4:30-7:20-9:40 No Passes Tue 11:30-2:10-4:30-7:20-9:40 No Passes Wed-Thu 2:10-4:30-7:20-9:40
Contraband (14A) Fri-Thu 9:10
The Descendants (14A) Fri 12:55-3:35-6:30-9:20 Sat 6:30-9:20 Sun-Thu 12:55-3:35-6:30-9:20
The Grey (14A) Fri-Sun 11:1:40-4:10-6:55-9:45 Mon 1:40-4:10-6:55-9:45 Tue 11:1:40-4:10-6:55-9:45 Wed-Thu 1:40-4:10-6:55-9:45
The Iron Lady (PG) Fri-Sun 11:15-1:50-4:20-7:10-9:55 Mon 1:50-4:20-7:10-9:55 Tue 11:15-1:50-4:20-7:10-9:55 Wed-Thu 1:50-4:20-7:10-9:55
Man on a Ledge (PG) Fri-Sun 11:35-2:05-4:40-7:15-10 Mon 2:05-4:40-7:15-10 Tue 11:35-2:05-4:40-7:15-10 Wed-Thu 2:05-4:40-7:15-10
The Metropolitan Opera: Faust Encore (STC) Sat 12:55
Tinker Tailor Soldier Spy (14A) Fri-Thu 12:35-3:30-6:40-9:35
Underworld: Awakening 3D (18A) Fri-Sun 11:25-1:40-4-6:50-9:25 Mon 1:40-4-6:50-9:25 Tue 11:25-1:40-4-6:50-9:25 Wed-Thu 1:40-4-6:50-9:25
The Woman in Black (14A) Fri-Sun 11:10-1:45-4:25-7:05-9:50 Mon 1:45-4:25-7:05-9:50 Tue 11:10-1:45-4:25-7:05-9:50 Wed-Thu 1:45-4:25-7:05-9:50

GATINEAU

CANADIAN MUSEUM OF CIVILIZATION
100 rue Laurier, 819-776-7010

Flying Monsters 3D (STC) Fri 11:50-2-3 Sat 11:50-2-5-7 Sun 11:50-2-5-6 Mon 10:45-2 Tue 2-5-7 Wed 2-5 Thu 10:45-2-5-7
L'Express des Rocheuses (STC) Fri 6-8 Sat-Sun 12:55 Tue 12:55 Thu 12:55
Monstres Volants 3D (STC) Fri-Sun 4 Mon 12:55 Tue 4 Wed 4-7 Thu 4
Rocky Mountain Express (STC) Fri 10:45-5-7-9:30 Sat-Sun 10:45-3 Mon 11:50 Tue 3 Wed-Thu 11:50-3
Space Station (STC) Sat 8:05 Tue 8:05 Thu 8:05
Station spatiale (STC) Wed 8:05

CINÉMA DES GALERIES D'AYLMER
400 boul. Wilfrid-Lavigne, 819-248-2526

Chronicle (G) Fri-Sun 1:10-3:20-7-9:20 Mon 7 Tue 1:10-3:20-7-9:20 Wed-Thu 7-9:20
La Femme aux 5 éléphants (STC) Tue 1-3:30 Wed-Thu 7
Man on a Ledge (G) Fri-Sun 12:50-6:50 Mon 6:50 Tue 12:50-6:50 Wed-Thu 6:50
One for the Money (G) Fri 3-6:50-9 Sat-Sun 12:50-3-6:50-9 Mon 6:50 Tue 12:50-3-6:50-9 Wed-Thu 6:50-9
Tinker Tailor Soldier Spy (13+) Fri-Sun 3:10-9:10 Tue 3:10-9:10 Wed-Thu 9:10
Underworld: Awakening 3D (13+) Fri 3:30-7-9:30 Sat-Sun 1:3-30-7-9:30 Mon 7 Tue 7-9:30 Wed-Thu 9:30

CINÉ-STARZ
1100 boul. Maloney Ouest, 819-568-8000

Le chat potté (G) Fri-Mon 12-1:35-3-10-6:10 Tue-Thu 12-4-1:5-5:50
Cheval de guerre (G) Fri-Mon 1:45-7:45 Tue-Thu 1:35-4:10-6:45-9:20
Hugo (STC) Fri-Mon 1:40-3:55 Tue-Thu 12-4:30
Mission Noël (G) Fri-Mon 12
Mission: Impossible — Ghost Protocol (13+) Fri-Mon 4:45-7:05-9:25 Tue-Thu 1:50-7:25-9:45
Monsieur Lazhar (G) Fri-Mon 12-6:10-7:50-9:30 Tue-Thu 12-1:40-3:20-7:05-8:45
Les petits pieds du bonheur 2 (G) Fri-Mon 12-1:50-4:20 Tue-Thu 12
La saga Twilight: Révélation 1re partie (G) Tue-Thu 5
Sherlock Holmes: A Game of Shadows (G) Fri-Mon 3:40-6-8:20 Tue-Thu 2:15-7-9:15

GATINEAU 9
120 boul. de l'Hôpital, 819-568-6070

The Adventures of Tintin 3D (G) Fri 7:15-9:40 Sat-Sun 1-3:35-7:15-9:40 Mon-Wed-Thu 7:15-9:40
Big Miracle (STC) Fri 6:30-9:05 Sat-Sun 12:30-3:10-6:30-9:05 Mon 6:30-9:05 Tue 12:30-3:10-6:30-9:05 Wed-Thu 6:30-9:05
Chronicle (G) Fri 7:05-9:15 Sat-Sun 1:05-3:25-7:05-9:15 Mon 7:05-9:15 Tue 1:05-3:25-7:05-9:15 Wed-Thu 7:05-9:15
The Descendants (STC) Fri 7-9:30 Sat-Sun 12:50-3:25-7-9:30 Mon 7-9:30 Tue 12:50-3:25-7-9:30 Wed-Thu 7-9:30
La Fille du puisatier (STC) Fri 6:50-9:25 Sat-Sun 12:40-3:15-6:50-9:25 Mon 6:50-9:25 Tue 12:40-3:15-6:50-9:25 Wed-Thu 6:50-9:25
The Grey (13+) Fri 6:20-9 Sat-Sun 12:15-2:45-6:20-9 Mon 6:20-9 Tue 12:15-2:45-6:20-9 Wed-Thu 6:20-9
Man on a Ledge (G) Fri 6:40-9:10 Sat-Sun 12:20-3-6:40-9:10 Mon 6:40-9:10 Tue 12:20-3-6:40-9:10 Wed-Thu 6:40-9:10
Underworld: Awakening 3D (13+) Fri 7:10-9:20 Sat-Sun 1:15-3:40-7:10-9:20 Mon 7:10-9:20 Tue 1:15-3:40-7:10-9:20 Wed-Thu 7:10-9:20
The Woman in Black (13+) Fri 7:20-9:45 Sat-Sun 1:20-3:45-7:20-9:45 Mon 7:20-9:45 Tue 1:20-3:45-7:20-9:45 Wed-Thu 7:20-9:45

STARCITÉ HULL
115 boul. du Plateau, 819-770-1090, cinemasfortune.ca

Les aventures de Tintin 3D (G) Fri-Sun 1:50-4:25-7-9:35 Mon 7-9:35 Tue 1:50-4:25-7-9:35 Wed-Thu 7-9:35 **Big Miracle** (STC) No Passes Fri-Sun 1-3:45-7:15-9:50 No Passes Mon 7:15-9:50 No Passes Tue 1-3:45-7:15-9:50 No Passes Wed-Thu 7:15-9:50 Star & Strollers Screening, No Passes Thu 1
Chronicle (G) No Passes Fri-Sun 2-4:20-6:50-9:10 No Passes Mon 6:50-9:10 No Passes Tue 2-4:20-6:50-9:10 No Passes Wed-Thu 6:50-9:10
Contraband (13+) Fri-Sun 1:25-4:7:20-9:55 Mon 7:20-9:55 Tue 1:25-4:7:20-9:55 Wed-Thu 7:20-9:55
The Descendants (STC) Fri 1:40-4:40-7:25-10:05 Sat 7:25-10:05 Sun 1:40-4:40-7:25-10:05 Mon 7:25-10:05 Tue 1:40-4:40-7:25-10:05 Wed-Thu 7:25-10:05
The Grey (13+) Fri-Sun 1:35-4:20-7:10-9:55 Mon 7:10-9:55 Tue 1:35-4:20-7:10-9:55 Wed-Thu 7:10-9:55
Hugo 3D (STC) Fri-Sun 1:15-4:10-7:05-10 Mon 7:05-10 Tue 1:15-4:10-7:05-10 Wed-Thu 7:05-10
L'artiste (G) Fri-Sun 1:30-3:50-6:35-9 Mon 6:35-9 Tue 1:30-3:50-6:35-9 Wed-Thu 6:35-9 Thu 1:30
Man on a Ledge (G) Fri-Sun 2:05-4:35-7:10-9:40 Mon 7:10-9:40 Tue 2:05-4:35-7:10-9:40 Wed-Thu 7:10-9:40
The Metropolitan Opera: Faust - Live (STC) Sat 12:55
Mission: Impossible — Ghost Protocol (13+) Fri-Sun 1:05-4:05-7:05-10:05 Mon 7:05-10:05 Tue 1:05-4:05-7:05-10:05 Wed-Thu 7:05-10:05
Monsieur Lazhar (G) Fri-Sun 1:55-4:05-6:40-9:05 Mon 6:40-9:05 Tue 1:55-4:05-6:40-9:05 Wed-Thu 6:40-9:05
One for the Money (G) Fri-Sun 2:10-4:30-6:55-9:15 Mon 6:55-9:15 Tue 2:10-4:30-6:55-9:15 Wed-Thu 6:55-9:15
La Peur de l'eau (STC) Fri-Sun 1:20-4:15-7-9:50 Mon 7-9:50 Tue 1:20-4:15-7-9:50 Wed-Thu 7-9:50
Peur grise (13+) Fri-Sun 1:10-3:55-6:45-9:30 Mon 6:45-9:30 Tue 1:10-3:55-6:45-9:30 Wed-Thu 6:45-9:30
Underworld: Awakening 3D (13+) Fri-Sun 2:15-4:30-7:30-9:45 Mon 7:30-9:45 Tue 2:15-4:30-7:30-9:45 Wed-Thu 7:30-9:45
The Woman in Black (13+) Fri-Sun 1:45-4:10-7:20-9:45 Mon 7:20-9:45 Tue 1:45-4:10-7:20-9:45 Wed-Thu 7:20-9:45

BARRHAVEN

BARRHAVEN CINEMAS
131 Riocan Dr., 613-825-2463

Alvin and the Chipmunks: Chipwrecked (G) Fri 6:30-9 Sat-Sun 1:10-4-6:30-9 Mon-Thu 4:50-7
Beauty and the Beast 3D (G) Fri 7 Sat-Sun 1:20-4:30-7 Mon-Thu 5
Contraband (14A) Fri 7:10-9:55 Sat-Sun 1:30-4:10-7:10-9:55 Mon-Thu 4:40-7:10
The Grey (14A) Fri 6:40-9:40 Sat-Sun 1-3:50-6:40-9:40 Mon-Thu 4:35-7:25
Man on a Ledge (PG) Fri 7:30-10 Sat-Sun 1:40-4:40-7:30-10 Mon-Thu 4:45-7:40
Mission: Impossible — Ghost Protocol (PG) Fri-Sun 9:25 Mon-Thu 7:20
Underworld: Awakening 3D (18A) Fri 7:20-9:45 Sat-Sun 1:50-4:20-7:20-9:45 Mon-Thu 5:30-7:50
The Woman in Black (14A) Fri 6:50-9 Sat-Sun 12:50-3:40-6:50-9 Mon-Thu 4:30-7:30

GLOUCESTER

SILVERCITY
2385 City Park Dr., 613-688-8800

The Adventures of Tintin 3D (PG) Fri-Thu 1:40-4:15-7:10-9:45
Beauty and the Beast 3D (G) Fri 12:45-3-5:20 Sat 5:20 Sun-Thu 12:45-3-5:20
Big Miracle (STC) Fri-Tue 2:10-4:45-7:20-9:55 Wed 4:45-7:20-9:55 Thu 2:10-4:45-7:20-9:55
Chronicle (14A) Fri-Thu 1:30-3:50-6:10-8:30-10:45
Contraband (14A) Fri-Thu 2:40-5:15-7:50-10:25
The Descendants (14A) Fri-Thu 1:50-4:40-7:30-10:15
Extremely Loud & Incredibly Close (PG) Fri-Wed 7:30-10:25 Thu 10:25
The Grey (14A) Fri-Wed 2-4:50-7:45-10:30 Thu 1:10-4:7:45-10:30
Haywire (14A) Fri-Thu 12:50-3:20-5:45-8:10:20
The Iron Lady (PG) Fri-Thu 2:20-5:7:35-10:10
Man on a Ledge (PG) Fri-Tue 12:45-3:05-5:25-7:55-10:30 Wed 3:05-5:25-7:55-10:30 Thu 12:45-3:05-5:25-7:55-10:30
The Metropolitan Opera: Faust Encore (STC) Sat 12:55
Mission: Impossible — Ghost Protocol (PG) Fri-Thu 1:30-4:30-7:40-10:35
One for the Money (PG) Fri-Thu 1:3:25-5:45-8:15-10:35
Sherlock Holmes: A Game of Shadows (PG) Fri 1:15-4:25-7:25-10:20 Sat 1:15-7:25-10:20 Sun-Thu 1:15-4:25-7:25-10:20
Travelling Light (STC) Thu 7
Underworld: Awakening 3D (18A) Fri-Thu 1:20-3:40-6-8:20-10:40
The Woman in Black (14A) Fri-Thu 12:45-3:10-5:40-8:10-10:40

ORLEANS

EMPIRE THEATRES ORLEANS 6 CINEMAS
3752 Innes Rd., 613-830-4400

The Adventures of Tintin 3D (PG) Dolby Stereo Digital Fri-Sun 12:15-9 Dolby Stereo Digital Mon 9 Dolby Stereo Digital Tue 12:15-9 Dolby Stereo Digital Wed-Thu 9
Les aventures de Tintin 3D (PG) Dolby Stereo Digital Fri-Thu 3:15-6:15
Beauty and the Beast 3D (G) Dolby Stereo Digital Fri-Sun 12:45-3:45 Dolby Stereo Digital Mon 3:45 Dolby Stereo Digital Tue 12:45-3:45 Dolby Stereo Digital Wed-Thu 3:45
Big Miracle (STC) Digital, Dolby Stereo Digital Fri-Sun 12:30-3:30-6:20-9:10 Digital, Dolby Stereo Digital Mon 3:30-6:20-9:10 Digital, Dolby Stereo Digital Tue 12:30-3:30-6:20-9:10 Digital, Dolby Stereo Digital Wed-Thu 3:30-6:20-9:10
Chronicle (14A) Digital, Dolby Stereo Digital Fri-Sun 12:40-4:10-7:20-9:40 Digital, Dolby Stereo Digital Mon 4:10-7:20-9:40 Digital, Dolby Stereo Digital Tue 12:40-4:10-7:20-9:40 Digital, Dolby Stereo Digital Wed-Thu 4:10-7:20-9:40
Contraband (14A) Digital, Dolby Stereo Digital Fri-Sun 1-4-7-9:40 Digital, Dolby Stereo Digital Mon 4-7-9:40 Digital, Dolby Stereo Digital Tue 1-4-7-9:40 Digital, Dolby Stereo Digital Wed 4-7-9:40 Digital, Dolby Stereo Digital Thu 9:40
The Grey (14A) Digital, Dolby Stereo Digital Fri-Sun 12:20-3:20-6:30-9:20 Digital, Dolby Stereo Digital Mon 3:20-6:30-9:20 Digital, Dolby Stereo Digital Tue 12:20-3:20-6:30-9:20 Digital, Dolby Stereo Digital Wed-Thu 3:20-6:30-9:20
Man on a Ledge (PG) Digital, Dolby Stereo Digital Fri-Sun 12:50-3:50-6:50-9:30 Digital, Dolby Stereo Digital Mon 3:50-6:50-9:30 Digital, Dolby Stereo Digital Tue 12:50-3:50-6:50-9:30 Digital, Dolby Stereo Digital Wed-Thu 3:50-6:50-9:30
Mission: Impossible — Ghost Protocol (PG) Digital, Dolby Stereo Digital Fri-Thu 6:40-9:35
One for the Money (PG) Digital, Dolby Stereo Digital Fri-Sun 1:10-3:40-6:45-9:15 Digital, Dolby Stereo Digital Mon 3:40-6:45-9:15 Digital, Dolby Stereo Digital Tue 1:10-3:40-6:45-9:15 Digital, Dolby Stereo Digital Wed-Thu 3:40-6:45-9:15
Underworld: Awakening 3D (18A) Dolby Stereo Digital Fri-Sun 1:30-4:30-7:30-10 Dolby Stereo Digital Mon 4:30-7:30-10 Dolby Stereo Digital Tue 1:30-4:30-7:30-10 Dolby Stereo Digital Wed-Thu 4:30-7:30-10
The Woman in Black (14A) Digital, Dolby Stereo Digital Fri-Sun 1:20-4:20-7:10-9:50 Digital, Dolby Stereo Digital Mon 4:20-7:10-9:50 Digital, Dolby Stereo Digital Tue 1:20-4:20-7:10-9:50 Digital, Dolby Stereo Digital Wed-Thu 4:20-7:10-9:50

KANATA

KANATA 24
801 Earl Grey Dr., 613-599-1200

The Adventures of Tintin 3D (PG) Special Engagement Fri-Sun 10:35-1:05-3:45-6:45-9:25 Special Engagement Mon-Thu 3:45-6:45-9:25
All's Well, Ends Well (STC) Fri-Sun 10:35 Mon-Thu 3
The Artist (PG) Fri-Sun 11:50-2:30-4:55-7:20-9:55 Mon-Thu 2:30-4:55-7:20-9:55
Beauty and the Beast 3D (G) Special Engagement Fri-Sun 11:20-1:30-3:40-5:50-7:55-10:05 Special Engagement Mon-Thu 3:40-5:50-7:55-10:05
Big Miracle (STC) Special Engagement Fri-Sun 11:35-2:10-4:45-7:20-9:55 Special Engagement Mon-Thu 2:10-4:45-7:20-9:55
Chronicle (14A) Special Engagement Fri-Sun 12:35-2:45-4:55-7:05-9:15 Special Engagement Mon-Thu 2:45-4:55-7:05-9:15 Special Engagement Fri-Sun 12:35-2:45-4:55-7:05-9:15 Special Engagement Mon-Thu 2:45-4:55-7:05-9:15 Special Engagement Fri-Sun 10:55-12:35-1:05-2:45-3:15-4:55-5:25-7:05-7:35-9:15-9:45 Special Engagement Mon-Thu 2:45-3:15-4:55-5:25-7:05-7:35-9:15-9:45
Contraband (14A) Fri-Sun 11:45-2:25-5-7:35-10:20 Mon-Thu 2:25-5-7:35-10:20
The Descendants (14A) Fri-Sun 10:45-1:25-4:05-6:55-9:40 Mon-Thu 4:05-6:55-9:40
Extremely Loud & Incredibly Close (PG) Fri-Sun 10:40-1:35-4:30-7:25-10:25 Mon-Thu 4:30-7:25-10:25 Fri-Sun 10:40-1:35-4:30-7:25-10:25 Mon-Thu 4:30-7:25-10:25
The Girl With the Dragon Tattoo (18A) Fri-Sun 10:55-2:20-5:45-9:15 Mon-Thu 2:20-5:45-9:15
The Grey (14A) Special Engagement Fri-Sun 11:1:45-4:30-7:15-10 Mon-Thu 4:30-7:15-10
Haywire (14A) Fri-Sun 11:50-5-10:15 Mon-Wed 5-10:15 Thu 5
Hugo 3D (PG) Special Engagement Fri-Sun 10:30-1:20-4:10-7 Special Engagement Mon-Thu 4:10-7
The Iron Lady (PG) Fri-Sun 11:15-2:05-4:40-7:10-9:45 Mon-Thu 2:05-4:40-7:10-9:45
Man on a Ledge (PG) Special Engagement Fri-Sun 11:10-1:55-4:35-7:05-9:35 Mon-Thu 4:35-7:05-9:35
Mission: Impossible — Ghost Protocol (PG) Fri-Sun 11:40-3:20-7:10-9:45 Mon-Thu 3:20-7:10-9:45
One for the Money (PG) Special Engagement Fri-Sun 11:25-2:05-4:45-7:20-9:40 Mon-Thu 2:05-4:45-7:20-9:40
Red Tails (PG) Fri-Wed 2:10-7:25 Thu 2:10
Sherlock Holmes: A Game of Shadows (PG) Fri-Sun 10:45-1:40-4:35-7:30-10:25 Mon-Thu 4:35-7:30-10:25
Tinker Tailor Soldier Spy (14A) Fri-Sun 10:30-1:25-4:20-7:15-10:15 Mon-Thu 4:20-7:15-10:15
Underworld: Awakening (18A) Fri-Sun 1:15-3:30-5:45-8:10:30 Mon-Wed 5:45-8-10:30 Thu 5:45
Underworld: Awakening — An IMAX 3D Experience (18A) Special Engagement Fri-Sun 11:35-2-4:45-7-9:15 Special Engagement Mon-Thu 2-4:45-7-9:15
Underworld: Awakening 3D (18A) Special Engagement Fri-Thu 9:50
War Horse (PG) Fri-Sun 11:55-3:15-6:30-9:50 Mon-Thu 3:15-6:30-9:50
We Bought a Zoo (PG) Fri-Sun 11:10-2-4:50-7:40-10:30 Mon-Wed 2-4:50-7:40-10:30 Thu 2-4:50
The Woman in Black (14A) Special Engagement Fri-Sun 11:55-2:30-4:55-7:30-9:50 Special Engagement Mon-Thu 2:30-4:55-7:30-9:50

KEVIN WINTER/GETTY IMAGES

▶ Writer/creator/executive producer David Milch, left, and executive producer/director Michael Mann arrive at the premiere of Luck in Los Angeles last week.

David Milch of Deadwood returns with an equally macho series — this one about horse racing

Off to the races

AMBER RAY
SCENE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

You don't need to understand the intricacies of horse racing to realize just how much love Luck creator David Milch has for the sport.

The fictionalized details of life at Santa Anita Park in Southern California unfold with deliberate care and nuance in the new HBO drama.

Viewers might not know how a "pick six" bet is placed, but they certainly understand that a group of down-on-their-luck gamblers have pinned desperate hope on that bet — a wager that reverberates from the track office down to the stables.

"It's an act of faith," Milch says of his throw-the-viewer-into-that-world style. His previous series, Deadwood, was equally obtuse.

"Your fundamental responsibility is to stay true to the deepest nature and intention of the materials. And that's what we did."

A powerhouse support team brings Milch's writing to life on Luck: Michael Mann serves as co-executive producer and director, and Dustin Hoffman and Nick Nolte head the cast. HBO has already renewed it for a second season.

"You want to do your best work," says Hoffman, who plays a formerly incarcerated horse owner with deep ties to the track.

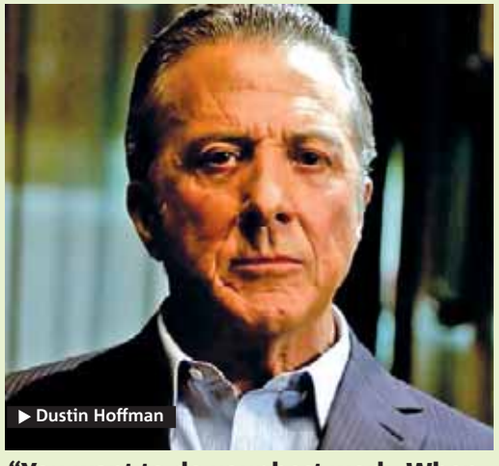
"When you're lucky enough to work with heavyweight talent, there's no problem, most importantly, because they're not afraid of a suggestion," he says. "We are given the shot to do our best work, and I'm very thankful for that."

Their collaborative study on ambition, greed and vice unfolds at a smouldering pace — that is until race time, when the series bursts into pure adrenaline on the backs of a few magnificent beasts charging around the track.

Mann and Milch are reported to have feuded over the filming, with Milch banned from the set. If so, Milch says it's only helped the series.

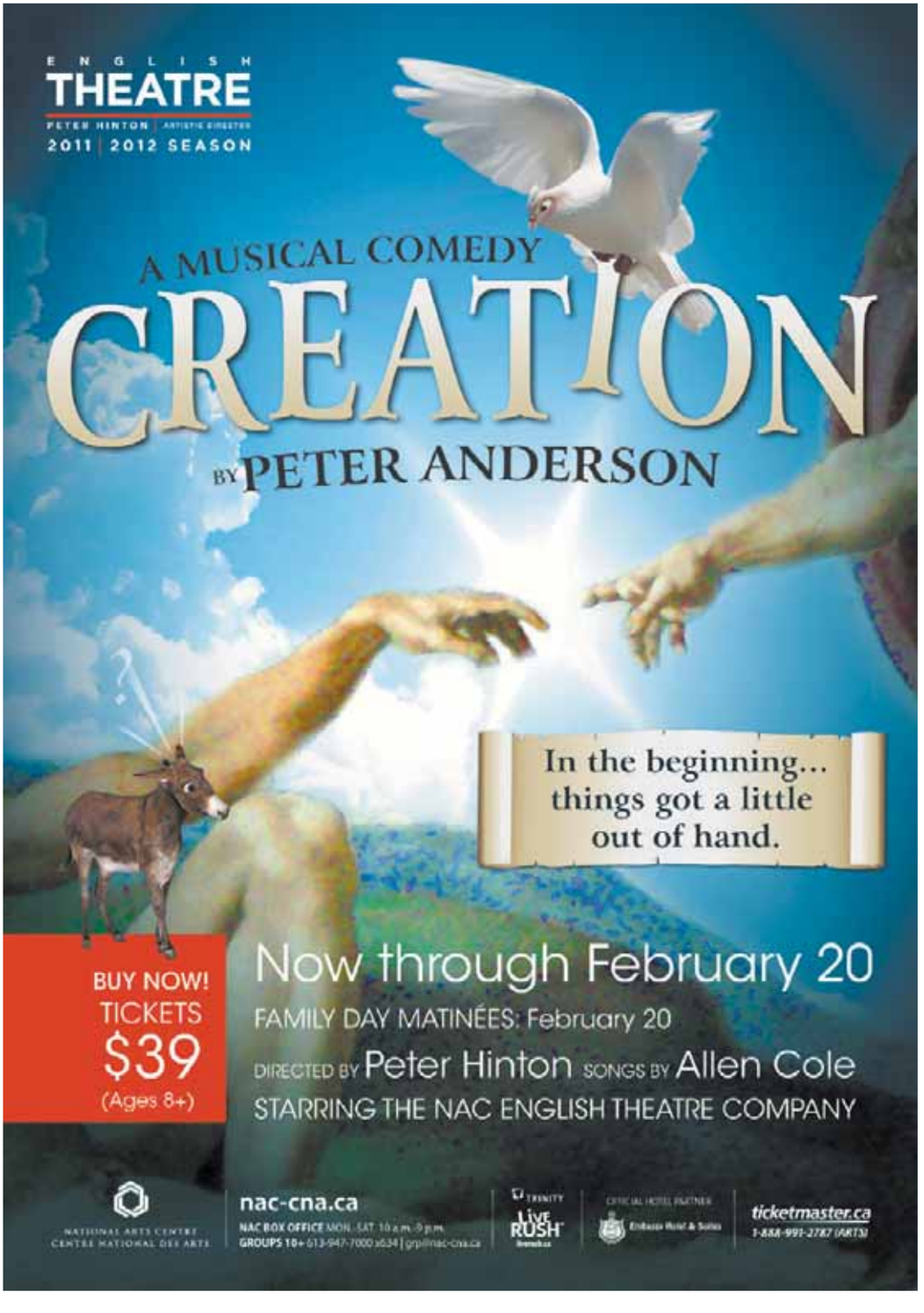
"Michael's work in creating an atmosphere generated an entire second level of dialogue," he says of Mann's skill behind the camera. "[It] took a tremendous amount of the burden off of the demystifying of the world."

HANDOUT



▶ Dustin Hoffman

"You want to do your best work. When you're lucky enough to work with heavyweight talent, there's no problem, most importantly, because they're not afraid of a suggestion. We are given the shot to do our best work, and I'm very thankful for that." DUSTIN HOFFMAN, ON HIS ROLE IN LUCK



Going to Town with marketing

Cougar Town tries to win new fans — one glass of wine at a time **Show heading into key third season**

Ever wanted to hang out with the stars of one of your favourite TV shows? Just to share some stories, drink some wine and watch a little TV?

Bill Lawrence is making that happen for fans of Cougar Town — and he's throwing in some T-shirts.

The co-creator and executive producer has been flying cast members Courteney Cox, Christa Miller, Dan Byrd, Busy Phillips, Ian Gomez and others, including writers and producers, to cities all over the U.S. in order to reignite interest in the series, which returns to ABC/City after a long hiatus Feb. 14.

He's even willing to host parties in Canada. "In a heartbeat," says Lawrence.

Cougar Town is heading into a key third season with less than a full vote of confidence from the network. The series had its original 22 episode order cut back to 15. It finds itself back on ABC's schedule only after the critically panned midseason entry, Man Up, quickly flopped.

Lawrence, the cast and several writers and producers met with reporters at an unscheduled bar event during the recent TV critics press tour in Pasadena.

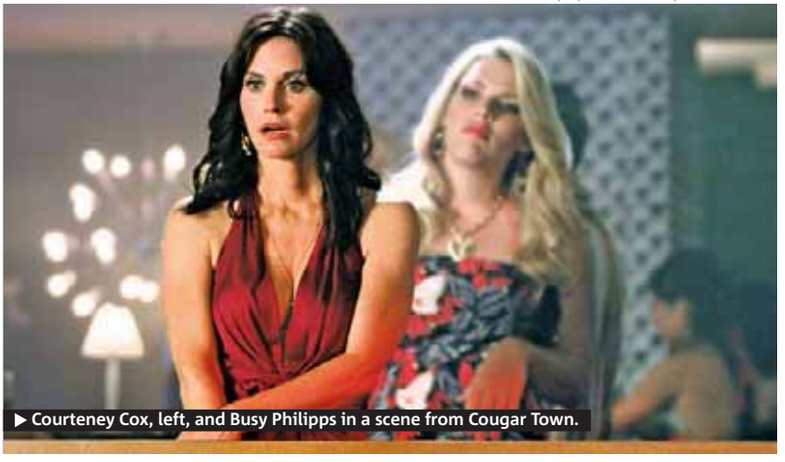
The former Scrubs showrunner was careful to credit ABC with sticking with the series so far, but also felt the need to reach beyond normal network marketing at this point in the series' history.

Coming back after an unusually long hiatus, Lawrence felt Cougar Town needed a grassroots push to remind fans and alert potential viewers it was still on the air. Co-creator Kevin Biegel came up with the idea of reaching out to fans by flying stars from the series to various cities for a series of meet and greet parties. Several have already taken place and several more are planned.

Lawrence promises wine will be provided. Two or three unseen episodes are also being screened at the events, and, yes, T-shirts are being handed out. All he asks is that fans tell "five or 10 friends who haven't watched yet to check us out." The actors who have taken part so far all say they've had a great time.

"I went to Sarasota and kicked it off, man, it was great," says Brian Van Holt, who plays Jules's laid-back ex Travis. "I'll go anywhere Bill wants to go. I like getting out of L.A. and the fans are really interested and interesting." THE ASSOCIATED PRESS

MICHAEL DESMOND/ABC/THE CANADIAN PRESS/THE ASSOCIATED PRESS



▶ Courteney Cox, left, and Busy Philipps in a scene from Cougar Town.

Show's premise

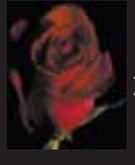
Fans already know the series has nothing to do with man-hungry cougars.

Courteney Cox's character, Jules, is a single mom in her 40s, but executive producer Bill Lawrence hints something happens when the series returns that will "eliminate all elements of 'cougar' altogether."

'Love is in the Air' at Kinki & Mambo

Mambo

Enjoy Valentines At Mambo...featuring Champagne paired menus, and live Jazz performance by the lovely songtress 'Deneece'



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TV picks

Sheen like you've never seen him

MARTIN, NOT CHARLIE. Actor Martin Sheen explores his ancestral roots in the season three premiere of Who Do You Think You Are? on Friday. His journey takes him to Ireland, where his uncle had ties to the Irish Civil War, and to Spain, where he discovers an activist relative was wrongfully imprisoned during the Franco regime. Sheen also finds out a family secret from the 1700s. (Citytv, NBC)

A little swim with the sharks

SCARY INVESTORS. An Alabama guitar teacher claims to have created a unique learning system for string-pluckers on Friday's entrepreneurial series Shark Tank.

Other ideas presented to the discerning investors include creepy-sounding "blue jeans accessories that blink when you walk," invented by a "Mr. Mom" from Louisiana. (CTV Two, ABC)

Mike & Molly star unplugged

STANDUP SPECIAL. Mike & Molly star Billy Gardell offers up more laughs in his one-hour standup special Halftime on The Comedy Network on Saturday. Gardell hits the stage in his hometown of Pittsburgh with an act that "celebrates working-class America."

Channing Tatum hits SNL

SOME WEEKEND EYE CANDY. Actor Channing Tatum guests on Saturday Night Live, capping a stellar couple of months in which the strapping star has had several films released. His latest big-screen role is opposite Canadian Rachel McAdams in the tear-jerker romance The Vow, due out next Friday. The musical guest on SNL Friday is multiple Grammy nominee Bon Iver. (Global, NBC)

Super Bowl Sunday is here

MADONNA TO PERFORM. Put in your pizza and wings orders and settle into the armchair for Super Bowl Sunday, featuring a matchup between Tom Brady's New England Patriots and Eli Manning's New York Giants. Madonna will provide the half-time entertainment. (CTV, NBC)

A different side of Don Cherry

HIS STORY. If you prefer the puck to pigskin Sunday, check out The Don Cherry Story, a 2010 film about Canada's outspoken and outlandishly dressed Hockey Night in Canada co-host. (CBC)

THE CANADIAN PRESS

MONTY BRINTON/CBS/THE ASSOCIATED PRESS

▶ From left, Jason Segel, Alyson Hannigan, Cobie Smulders, Neil Patrick Harris and Josh Radnor are shown in a scene from How I Met Your Mother.

The plot thickens on How I Met Your Mother

After 150 episodes, viewers still wait to meet the mom
Show's ratings are up 19 per cent over last season

The mysteries that surround the CBS sitcom How I Met Your Mother extend to co-creator Craig Thomas' office on the Fox studio lot.

A white board on the wall that outlines the seventh season's episodes ends with Barney's wedding in the May finale. "— is the bride," the board says.

You never know who's going to walk in, and Thomas and partner Carter Bays hold tight to their secrets. That will be a pivotal episode: Not only will the ultimate bachelor come off the market, but the show has revealed it's also the day that Ted meets his future bride — the mother that is the conceit upon which the entire show is built. That doesn't necessarily mean viewers will meet the mother in that episode, however. Stay tuned.

This has been a big year for the comedy that launches CBS' Monday nights. Ratings are the best they've ever been, up 19 per cent over last season, and it has the youngest average audience on the network's prime-time schedule.

"There's almost no scientific explanation and we couldn't have counted on that," Thomas said.

Time may make viewers more invested in the lives of Ted (Josh Radnor), hornbag buddy Barney (Neil Patrick Harris), Ted and Barney's ex Robin (Cobie Smulders) and the married couple Marshall and Lily (Jason Segel and Alyson Hannigan). Another likely contributor is the boomerang effect of syndication making more people familiar with the series. How I Met Your Mother has been seen outside of prime time on local broadcast stations the past few years.

The mama mystery

"I always thought the frustration about it was a little misplaced," Radnor said. "There's so much to enjoy beyond the central conceit of the show that I always felt like, 'Relax.' If he meets the mother, the series is done, so if you like the series you should be waiting. Enjoy the wait. Maybe this whole series is some grand lesson in patience for people. It certainly is for Ted."

THE ASSOCIATED PRESS

The setup

How I Met Your Mother is the closest TV has to a modern-day Friends.

- **It started** in 2005, when networks were desperate to replace that beloved NBC series and, frankly, the namesake gimmick distinguished it from other wannabes.
- **The series** opened with kids on a couch impatiently listening to narrator Bob Saget, as Ted circa 2030, explains how their parents first met and got together.
- **That first episode** began with Ted establishing a romantic connection with Robin, ending with the kicker of Saget explaining, "that's how I met your Aunt Robin."

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USELESS INFORMATION TO IMPRESS YOUR FRIENDS

SOUND CHECK

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Reading this column will be far from useless. In fact, it's full of useless information.

CANCAN CHU/GETTY IMAGES

▶ Stephen Hawking is a huge Depeche Mode fan.

Every week at the conclusion of my radio show, The Secret History of Rock (see alancross.ca for stations and showtimes), I have a segment called Useless Information. It's a way of clearing my desk of Post-It notes that feature scraps of knowledge I've discovered but don't really have a place in whatever I'm doing.

Most of this information is rather arcane, but it somehow seems wrong not to use it…somewhere. Here, then, is a sampling of these bits of unconnected and disconnected research.

Big-brain physicist Stephen Hawking is a huge Depeche Mode fan. Back in the '90s, he once requested to meet the band backstage after a show. He was turned down because no one in Depeche Mode had ever heard of him.

Al Jourgensen of Ministry was invited to remix the Red Hot Chili Peppers single Give It Away. He showed up in the studio with a fat joint in his pocket and a live chicken under his arm. He set the chicken down on the mixing console, lit the joint and blew huge volumes of smoke into the chicken's face. Whenever the stoned chicken did its business on or near one of the faders on the console, Al took that as a sign to emphasize those tracks in the remix. Now you know why this particular version is called the Chicken Sh*t Remix.

There is no known origin to the special (read: obscene) audience participation lyrics in Billy Idol's Mony Mony. They first seemed to have appeared c.1986 and differ slightly from region to region. The best guess is that they somehow relate to an early '80s MTV interview, where Idol admitted to losing his virginity while the original Tommy James version played on the radio.

But not everything I stumble across is completely useless. After decades of trial and error by professionals and amateurs all over the world, it seems that Canada's Randy Bachman finally cracked the construction of one of the most beguiling bits of guitar history: the opening chord of the Beatles' A Hard Day's Night.

It turns out a number of guitars were used. George's 12-string layered an F chord, a G on top, a G on the bottom and a C. Paul contributed a D to the bass while John played a D chord sus4. Check it out. You won't regret it.

ALAN IS THE HOST OF THE RADIO SHOW THE SECRET HISTORY OF ROCK. REACH HIM AT ALAN@ALANCROSS.CA

Top 10 sad songs

Need an excuse to feel lousy? These tracks will help

R.E.M.'s Everybody Hurts was recently named the most depressing song of all time by theatrical producer David King.

Not a bad choice, but a little obvious, don't you think?

Knowing we could do better, we polled our friends, lovers and ex-lovers to come up with a list of even more depressing tunes to bring you down.

Here are the top 10:

GETTY IMAGES

▶ Michael Stipe

1. Gary Jules, Mad World
2. The Pogues, And the Band Played Waltzing Matilda
3. Billy Bragg, St. Swithin's Day
4. Joanna Newsom, On a Good Day
5. Brad Paisley and Allison Krauss, Whiskey Lullaby
6. Nirvana, Negative Creep
7. Ben Folds Five, Brick
8. Pink Floyd, Goodbye Cruel World
9. John Lennon, Mother
10. Harold Melvin and the Bluenotes, I Miss You

NATE JONES/METRO WORLD NEWS

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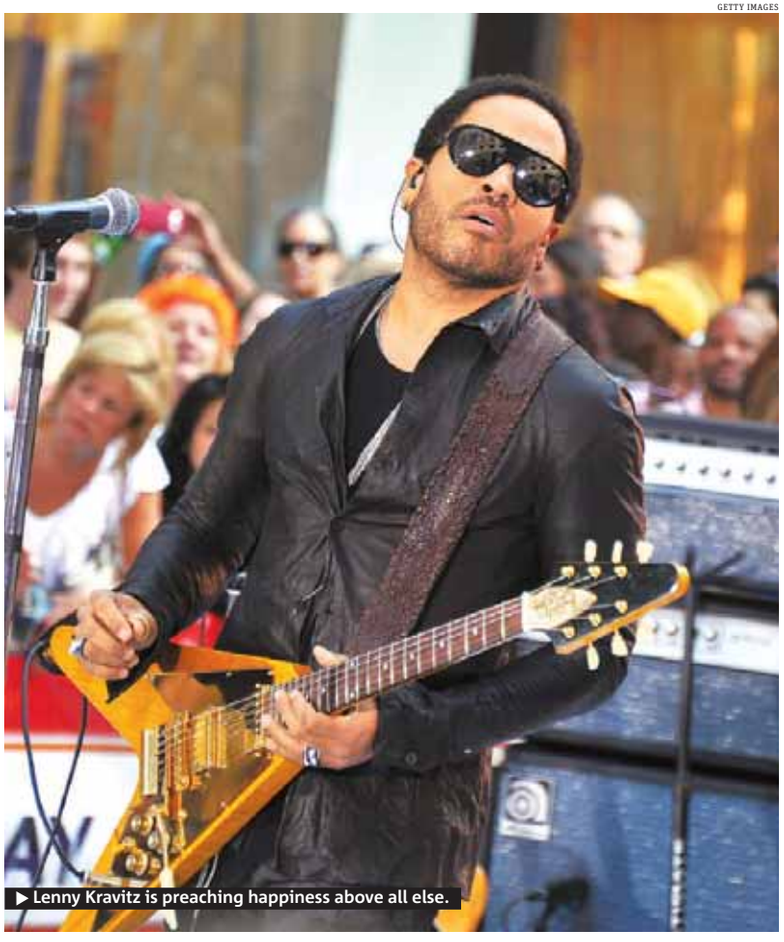

▶ Lenny Kravitz is preaching happiness above all else.

Kravitz paints a positive picture

Nine albums and 20 years later, the American rock icon hasn't lost his hippie ideals Remains idealistic

PAT HEALY
SCENE@METRONEWS.CA
METRO WORLD NEWS IN BOSTON

You might think that by his ninth album of new songs, Lenny Kravitz would have strayed from the hippie ideals that put him on the musical map more than 20 years ago. But Black and White America is an unabashedly idealistic collection of songs with sentiments like "the future looks as though it has come around" and "I'm gonna push the clouds away," as well as titles like, Life Ain't Ever Been Better Than It Is Now. Really?

"It's a choice; it's a way of life," says the singer of his optimism.

"There are moments when you are tested, and there are obstacles that you need to deal with, but I just try to stay positive. I believe that life is good, for the most part."

But surely there must be times when the modern world intrudes upon this Utopia?

"Regardless of what's going on in the world, I have the choice on how to control my body, control my thoughts — and that's one of the only real controls that we have," he says. "Because the rest of it, we don't know what the hell's going on, what we're told, what the dude says, how the government acts. … So I try to wake up every day and be thankful and try to enjoy my day as much as possible."

The singer seems to be doing just that. When he answers the phone, he is in his home recording studio in the Bahamas.

"Most days I tend to go into the studio," he says. "I'm always recording. If I had a record deal or not, I'd still be recording. It's part of my day, to make music."

Hard worker

Multiple projects

▶ **Albums** Kravitz is currently working on two albums — a rock 'n' roll project and a raw funk album called Negrophilia that he's been tooling with for years.

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Old ideas from an old sage

Leonard Cohen doesn't miss a beat with the arrival of his 12th album It's filled with his wise, worldly quips

Leonard Cohen spent years mulling the songs that comprise his 12th disc, Old Ideas, but fortunately he's that rare artist whose work doesn't wilt under the weight of prolonged scrutiny and reassessment.

The protracted process even gave the Montreal poet — whose last release came in 2004 — the necessary perspective to review his own album, on his own album.

"I love to speak with Leonard. He's a sportsman and a shepherd/ He's a lazy bastard living in a suit," Cohen murmurs on opening track Going Home, barely raising his voice above a whisper, sounding as though he could use a hearty meal and maybe a shave.

"He will speak these words of wisdom, like a sage, a man of vision/ Though he knows he's really nothing but the brief elaboration of a tube."

The record's droll title likely refers to the fact that this is territory that Cohen has covered before: love, death, sex, God. But it doesn't do justice to the growth exhibited by the 77-year-old here, nor the risks he takes with his new record, hitting stores this week.

The record shuffles forth in a languid haze, but the supple playing of a live band gives Cohen's wispy tunes a tactile verve that wards off torpor.

The stunning Amen — a song of remorse and redemption — feels like a sticky summer day, with banjo tweaks and stately violin relieving the humidity of the synths. With the bluesy, swaggering Darkness, Cohen seems to grin through his strut even while tossing off a series of pitch-black observations.

THE ASSOCIATED PRESS

GETTY IMAGES

Album

It's difficult to cherry pick standout lines because so many of Cohen's insightful ruminations sear through the lyric page.

Serenity Sentimentality rarely seeps through, and Cohen sounds as though he's yet to surrender to the serenity of old age.

▶ Leonard Cohen's first album in eight years has arrived in stores.

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Diverse lineup of stars cover Dylan

New compilation featuring big names like Adele and K'naan honours Amnesty International's 50th anniversary

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▶ Ke$sha

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▶ Bob Dylan

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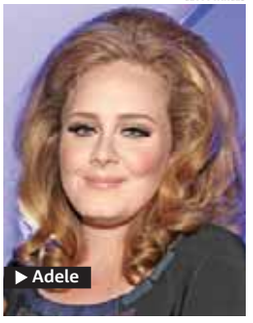


▶ Adele

Anyone who ever doubted the transformative power of Bob Dylan's music need only look to Ke$ha.

Yes, Ke$ha.

The irreverent pop star, known for singing about brushing her teeth with "a bottle of Jack," turns poignant while covering a song from one of music's great lyricists on the new four-disc Chimes of Freedom: The Songs of Bob Dylan Honoring 50 Years of Amnesty International.

The project features 75 newly recorded Dylan songs by 80 artists, including Adele, Sting, Sugarland, Elvis Costello, hip-hop artist K'naan and others to support the human rights organization.

Ke$ha is one of the more unlikely stars to contribute to the compilation, released Tuesday. The pop star defined by party anthems like Tik Tok and Your Love Is My Drug took on Dylan's Don't Think Twice, It's Alright.

As she found herself alone in her bedroom for the first time in months, the words of the song — about a person bidding goodbye to a lover — took on a new, deeply personal meaning. She realized she was saying goodbye to her carefree, former life — before big hits and world tours brought on pressure and priorities. She broke down as she began singing, and the emotion is captured on the record.

"Everything has changed. It's amazing, but there are moments that are incredibly lonely. There's a line, 'It's a long and lonesome road, babe, where I'm bound I can't tell.' It's tragically relevant," said Ke$ha in a phone interview. "I think these are all positive things for young people to see that you can be strong and you can be irreverent and you can say what you want and you have the freedom of speech, but I've learned that vulnerability is actually an asset. It can be just as much of an asset as strength."

Ke$ha isn't the only eye-popping name on the compilation: 19-year-old Miley Cyrus does a rendition of You're Gonna Make Me Lonesome When You Go. The project has a wide range of acts, from Maroon 5 to 92-year-old folk legend Pete Seeger, who sings Forever Young with a children's chorus.

Dylan waived the publishing rights to his entire catalogue, and all of the artists, musicians, engineers and others involved in the recording process did everything pro bono.

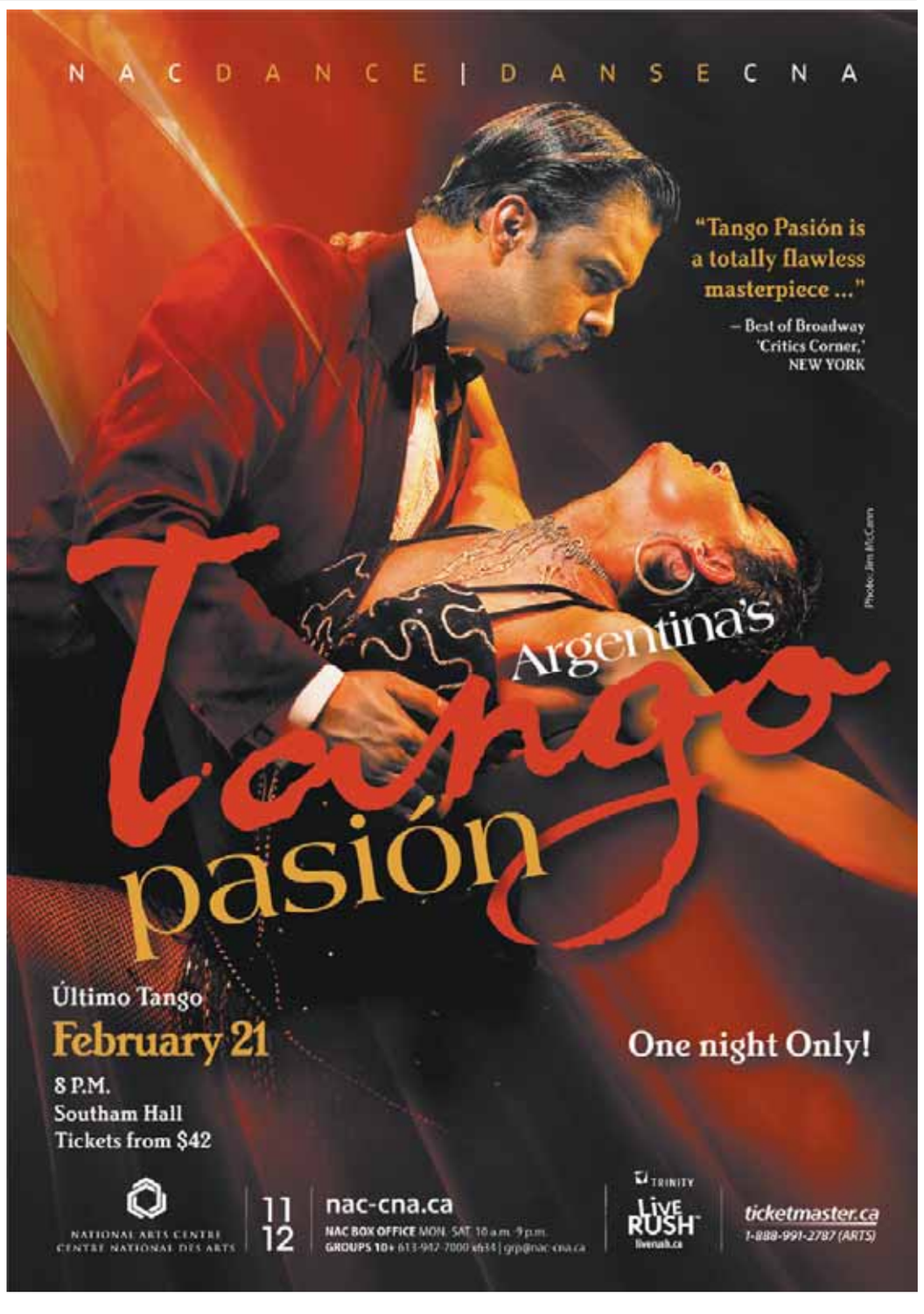
Legendary country artist and actor Kris Kristofferson considers Dylan a personal friend, but says he's been an inspiration and a hero a lot longer than that. Johnny Cash introduced them while Kristofferson was working as a janitor at Columbia Recording Studios in Nashville in the 1960s. At 75, Kristofferson says he has been around long enough to understand and appreciate Dylan's impact on music.

"If you look at pop songs before Dylan, none of them were poetry, like his are. He opened up the doors for creative writers and made songwriting to me what it is today," said Kristofferson, who covers Quinn the Eskimo (The Mighty Quinn). "Music was a whole lot different when I was a little kid. Pop music was lifted up as an art form by Bob Dylan."

Chimes of Freedom is a follow-up to Amnesty International's 2007 collection of John Lennon songs performed by major artists, which raised over $4 million for Amnesty's efforts in Darfur.

"Music has a way of reminding us who we are at our essence and what we need to do to live together in a better world, and Amnesty is very much a part of that," said the album's executive producer Julie Yannatta,

THE ASSOCIATED PRESS



C'mon Demi, wasn't Ashton young enough?

Source claims hard-partying 49-year-old had her sights set on High School Musical star Zac Efron Another says she was mixing pills with Red Bulls

Demi Moore's recent hospitalization didn't quite come as a surprise to those who were close to her, reports Us Weekly.

It seems her split from Ashton Kutcher had her craving the company of a younger crowd that she wasn't equipped to keep up with.

"She's been really down, and she's surrounding herself with young people to make her feel better," a source tells the magazine.

"She's been mixing pills and Red Bulls, among other things."

We want to feel for Demi and her impossibly flawless 49-year-old skin. After spending the past few years with Kutcher — who, although 33, seems to only own cargo pants and flip-flops — the transition to adulthood must be tough. But moving in on Zac Efron? Too far, lady. According to another source, she was pursuing the High School Musical star at a recent house party looking "wired and gaunt."

Listen, Demi: Inappropriately hitting on Zac Efron while tipsy is my deal — and I have The Word archives to prove it.

MONICA WEYMOUTH

ALL PHOTOS GETTY IMAGES

Demi Moore

Only the dog can bare all in front of Amanda

Even though she's set to play adult film star Linda Lovelace on screen, Amanda Seyfried is "terrified of being promiscuous," she admits to Glamour magazine.

"I don't like the feeling you get when it's not something that you truly want to do, and I hate the emotional abuse you give yourself afterward. It's just uncomfortable when you're with somebody and you're like, 'I don't really know if I'm even comfortable with this.'"

Which might have something to do with why Seyfried has taken herself off the market: "Right now I'm happy to not have someone's naked body around me. Except for my dog's," she says.

And as for those rumours that she'd been hooking up with her In Time co-star, Justin Timberlake?

"I think any female that meets him at first is like, 'I want to date you,'" she says.

"He seems so perfect, but you get to know him, and he's a good pal. He'll tell you what he really feels. But, you know, he's really famous, which has its downsides."

METRO

Amanda Seyfried

Celebrity tweets

@CourteneyCox

It's my first day not on the set. I already miss the drinking. I've had to resort to Pinkberry.

@kathygriffin

Last time I did a show in Jacksonville FLA, a dude invited me 2 watch him "do donuts in mah pick up in the Outback parking lot"

@themichaelcaine

Chilling with friends and family, its what its all about. Good Luck to all of you.

@ConanOBrien

Being a celebrity means I can get any restaurant reservation when George Clooney cancels at the last minute.

Becks' naked days are over

David Beckham wants the world to know he will no longer be hanging out at home in the buff.

"My naked days are over," Beckham says while unveiling his new line of underwear for H&M, according to Hollyscoop.

"I definitely walk around the house in my underwear. But not naked. With the boys it's not a problem because they're naked all the time but with a little girl now, it is different."

METRO

David Beckham

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Swapping out football beer

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Please forgive me, football fans. This Sunday, I'll be more interested in whether Madonna can strut her way through halftime without a wardrobe malfunction than I'll be in who wins the Super Bowl.

Sadly, televised sporting events don't call for haute cuisine, so booze pairings can get a bit pedestrian.

A balanced ale or mass market lager beer make a good fallback position for manly junk food. The fun starts when trying to find an all-purpose wine to partner with those eatables that get invited to every Super Bowl party.

The crisp, bubbly goodness of a drier sparkling wine (think a mid-priced Spaniard) goes incredibly well with salty snack foods like popcorn, potato chips and pretzels.

If you're serving up a plate of hot wings pour a glass of white, medium dry German riesling or a red California zinfandel.

When it come to nachos, I prefer a white wine match (nothing too expensive) that emulates the refreshing qualities of a good brew. Familia Zuccardi's 2011 Fuzion Chenin Torrontés ($7.75 - $9.99) from Argentina is off-dry with a tropical blend of juicy green fruit that ends with a lick of white pepper.

PRICES REFLECT THE RANGE ACROSS CANADA. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

EMILY RICHARDS

VS.

Snack touchdown!

Just because you're cheering for one team this Super Bowl doesn't mean you can't enjoy a delicious treat from the other's hometown

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

As a salute to this year's Super Bowl competitors, the New York Giants and the New England Patriots, I've created recipes you could enjoy if you were watching the game at either team's home stadium.

New England Clam Chowder

Traditionally, a creamy white chowder is served in New England and, yes, you can warm up with a bowl in the Patriots' stadium!

It's also perfect to serve up while enjoying the game.

You can make the chowder ahead and keep it warm in a slow cooker for everyone to enjoy.

Preparation:

1. Drain clams, reserving 1 1/4 cups (300 mL) of juice. Chop clams and set aside. Combine clam juice with bottled clam juice.
2. In soup pot, cook bacon over medium high heat, stirring for about 5 minutes or until crispy. Add onion, garlic and thyme; cook for 3 minutes or until softened. Stir in sherry until evaporated. Stir in flour and cook for 1 minute or until absorbed.
3. Add clam juice and bring to a simmer, stirring until slightly thickened. Add potatoes and bay leaf. Cover and simmer gently for about 15 minutes or until tender.
4. Meanwhile, in small saucepan, simmer cream with chopped clams for 5 minutes. Remove from heat. Stir into potato mixture and simmer for 10 minutes for flavours to combine. Season pepper to taste.

Beer Braised NY Brisket Sandwich

Beef sandwiches are popular at all stadiums during football season. A favourite New York topping is smoked cheese and peperoncini (pickled peppers).

Served on a pretzel roll, but any bread that's crusty on the outside and soft on the inside will work well with this hearty sandwich.

Preparation:

1. Scatter onions on bottom of roasting pan. Pour beer over top and sprinkle with garlic. Place beef on top.
2. In small bowl, stir together ketchup, horseradish, mustard, molasses, Worcestershire sauce and pepper; spread over brisket. Cover and braise in 325 F (160 C) oven for about 3 hours or until tender. Remove brisket to cutting board and slice. Whisk cornstarch into water.
3. Place roasting pan over medium high heat and bring to a simmer. Stir in cornstarch mixture and cook, stirring for 1 minute or until slightly thickened. Return sliced beef to pan and toss with sauce. Serve on buns with cheese and peppers.

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA.

Shopping List:

Clam Chowder

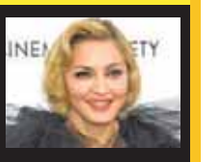
- 2 cans (142 g drained each) clams
- 1 bottle (236 mL) clam juice
- 4 slices side bacon, chopped
- 1 onion, finely chopped
- 2 cloves garlic, minced
- 1 tsp (5 mL) fresh thyme
- 1/4 cup (60 mL) dry sherry
- 3 tbsp (45 mL) all purpose flour
- 3 potatoes, peeled and diced
- 2 cups (500 mL) 5% light cream
- Ground black pepper

Beer Braised Brisket Sandwich

- 1 large onion, thinly sliced
- 1 bottle of beer (330 mL), such as porter or dark ale
- 3 cloves garlic, minced
- 3 tbsp (45 mL) each ketchup and horseradish
- 2 tbsp (30 mL) molasses
- 1 tbsp (15 mL) Dijon mustard
- 1 tsp (5 mL) Worcestershire sauce
- 1/4 tsp (1 mL) black pepper
- 1 boneless beef brisket (about 3 lb/1.5 kg)
- 2 tbsp (30 mL) cornstarch
- 2 tbsp (30 mL) water
- 12 peperoncini peppers, sliced
- 1 1/2 cups (375 mL) shredded smoked mozzarella
- 6 large buns, halved lengthwise

3 life

Celeb spotting



Indiana – a sports mecca, yes, but celeb magnet? Not so much. That will soon change with this weekend's Super Bowl entertainment and parties.

Madonna will be there. Alec Baldwin is hosting the NFL Honors, featuring stars like Lenny Kravitz; Snoop Dogg, Nas and J. Cole are expected to perform at various parties; Steven Tyler and Carrie Underwood are performing; and Late Night With Jimmy Fallon will broadcast after the Super Bowl with scheduled guests Tracy Morgan, Taylor Lautner, Tim Tebow and Maroon 5's Adam Levine.

THE ASSOCIATED PRESS

Rocco DiSpirito lightens up Buffalo Popcorn Chicken for the Super Bowl.

Halftime shows to remember

With Madonna headlining this year's Super Bowl Halftime Show, Metro's Pat Healy looks back at the Top 5 performances from past years No, marching bands didn't make the list

ALL PHOTOS: GETTY IMAGES

U2, 2002
It was a few months after the 9-11 attacks, and this song set from Dublin's finest did a heroic job of honouring those who died that day. It also saluted the country U2 has always wished it was from, as Bono revealed an American flag close to his heart. Criticize Bono all you want for pandering, but it's hard not to get misty as the names of victims scroll down a huge screen as U2 plays.

Prince, 2007
His royal purpleness has always been known for a stadium-sized ego. What made this performance unique is that despite performing on a stage shaped like the symbol that once served as his name, the dude did a medley of songs, only three of which were his. He touched others by Queen, Bob Dylan, the Foo Fighters and more. But, being Prince, made all of them his own.

Bruce Springsteen & the E Street Band, 2009
To condense a Springsteen concert experience into 13 minutes sounds preposterous. But the Boss was able to fill a four-song suite with a whole lot of hokey fun, including a gospel choir, a flag-throwing ref, a knee-slide across the stage, some mic-stand gymnastics and the return to the stage of Big Man Clarence Clemons.

Michael Jackson, 1993
This show by the King of Pop would change the way networks programmed halftime. This was MJ just before he was accused of sexually abusing children. It's eerie now to hear him say, "no one should have to suffer, especially our children," but the performance itself was touching (not the bad kind) as he sang Heal the World, and the crowd held up placards to form drawings by kids.

Janet Jackson & Justin Timberlake, 2004
Seriously, we were really supposed to believe that Janet Jackson just happened to be wearing a metal sunburst around her areola? Regardless of how planned or unplanned the "bet I'll have you nekkid by the end of this song" ending was, the duet with Justin Timberlake on Rock Your Body definitely still holds up a whole eight(!) years later.

Not your average drive-thru eats

Allison Beck, editor at thedailymeal.com, set about finding last-minute party fixes that take simple, inexpensive take-out to the next level with some minor enhancements you probably already have in your pantry. As Beck says, "We're busy people and you've got to find shortcuts."

KFC's Grilled Chicken
Get a bucket of grilled chicken, coat it with sauce (hot, barbecue or otherwise), get some buns, lettuce and tomato — and voila! A sammie that's sure to please.

Dress up plain-Jane pizza
Add fresh arugula and maybe even some truffle oil to your local delivery pizza. Cut the slices into bite-sized pieces for classy apps.

THEDAILYMEAL.COM

Cut a pizza into bite-sized pieces, and top with arugula.

Doughnut desserts
Want some instant profiteroles? Get some Timbits, slice them in half, add some ice cream and boom! You've got a whole lot of delicious.

METRO

Untangling Super Bowl numerals

Kids "LOL" each other all day, but ask them to decipher the XLVI of this year's Super Bowl and you might as well be talking Greek.

They may know what X means, or V and I, but Roman numerals beyond the basics have largely gone the way of cursive and penmanship as a subject in schools.

Especially in elementary school, "Roman numerals are a minor topic," said Jeanine Brownell of the early mathematics development program at Erickson Institute, a child-development graduate school in Chicago.

That's not how Joe Horrigan remembers it. "I went to Catholic school. I still have bruised knuckles from not learning them," said the NFL historian and spokesman for the Pro Football Hall of Fame in Canton, Ohio.

By the #s

I	1
II	2
III	3
IV	4
V	5
VI	6
VII	7
VIII	8
IX	9
X	10
L	50
C	100
D	500
M	1,000

What's wrong with good ol' 46, as in this year's Super Bowl between the Giants and the Patriots on Sunday?

"Number 46, just kind of sounds like an inventory," said Horrigan, who is LX years old. "Those Roman numerals, they're almost like trophies."

The use of Roman numerals to designate Super Bowls began with game V in 1971, won by the Baltimore Colts over the Dallas Cowboys 16-13.

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MARK HUMPHREY/THE ASSOCIATED PRESS

▶ Rob Gronkowski

'A good test for him'

Rob Gronkowski practiced with the New England Patriots for the Super Bowl for the first time Thursday. Now coach Bill Belichick is waiting to see how the All-Pro tight end's injured ankle responds.

Gronkowski, recovering from a high sprain in his left ankle, participated on a limited basis for the first time since being injured Jan. 22 in the third quarter of the 23-20 win over the Baltimore Ravens in the AFC championship game.

"He did some things. He didn't do everything," Belichick said. "We'll see how he is (Friday). I think that will be the big key."

Gronkowski, who set an NFL single-season record for tight ends with 17 touchdown catches, took part during the second half of the nearly two-hour practice for Sunday's championship game against the New York Giants.

"It was fine," Belichick said, "It was a good test for him, too, at least. At least he was out here and did some things to see how it feels. We'll see how it goes."

THE ASSOCIATED PRESS

ERIC GAY/THE ASSOCIATED PRESS

▶ New York's Osi Umenyiora goes through drills with teammates during practice on Thursday.

All hands on deck for N.Y.

Giants have everyone at practice again with Nicks, Webster, Williams taking part

Running back Ahmad Bradshaw practised for a second straight day and three other players were allowed to practise without restrictions as the New York Giants completed their second workout in Indiana in preparation for the Super Bowl on Thursday.

Cornerback Corey Webster (hamstring), wide receiver Hakeem Nicks (shoulder) and special-teamer/linebacker Jacquian Williams (foot) all practised fully, according to a pool report. They were limited Wednesday.

Bradshaw, who has a broken bone in his right foot, and defensive end Osi Umenyiora (ankle/knee) were the only Giants who were limited in the 88-minute practice on the University of Indianapolis' indoor practice field.

The report also said Eli Manning was sharp during passing drills.

Bradshaw, who hasn't practised on consecutive days since returning from his foot injury in early December, tripped going through the line on a running play early in the session. But he hopped up and was able to continue.

"It looked like he tripped over the fullback's foot," coach Tom Coughlin said. "But he's fine."

Coughlin said the team's energy level, enthusiasm and excitement are obvious.

"They're really excited to practice for the game," Coughlin said. "I think they've done very well. This was a good day of preparation."

Manning was sharp in the final two first-unit offensive possessions. He completed 10 of 11 throws in a two-minute drill held against the Giants' first-team defence, moving the offence briskly downfield.

THE ASSOCIATED PRESS

5 GIANTS TO WATCH

ELI MANNING, QB

▶ Had best regular season of career, set NFL record with 15 fourth-quarter TD passes. Has 103.1 passer rating in playoffs, with eight TDs and one interception

AHMAD BRADSHAW, RB

▶ Battling back and foot injuries, but shows up nearly every week. Has more power than size might indicate, also has nice burst.

HAKEEM NICKS, WR

▶ A deep threat who also can break shorter passes into long gains. Uses big hands and long arms to fight off defenders for passes.

JUSTIN TUCK, LDE

▶ Leader of defence, has fought through series of injuries and is playing his best ball now. Can play anywhere on line in passing situations.

COREY WEBSTER, LCB

▶ Best cover cornerback on Giants. Could be matched up at times with one of New England's dangerous TEs.

THE ASSOCIATED PRESS

So you think you can dance in the end zone?

Patriots tight end Hernandez may celebrate with merengue, hopes Giants wide receiver Cruz doesn't get a chance to use his salsa moves

Move over salsa-specialist Victor Cruz. Aaron Hernandez may need room to show his merengue moves in the end zone.

The duelling dancers are practising the steps that they hope will lead to touchdowns at the Super Bowl and give the NFL showcase the look of a hard-hitting episode of Dancing With the (Football) Stars.

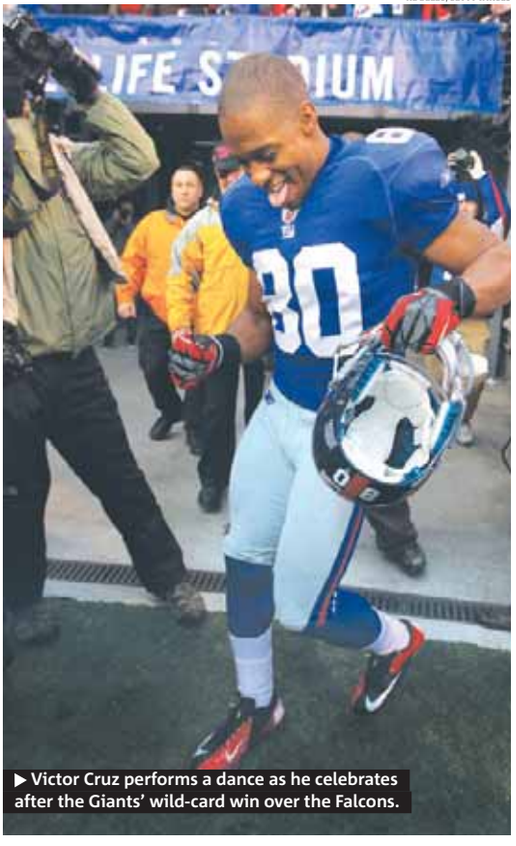
The versatile Hernandez has twisted his way downfield for the New England Patriots — changing direction after making catches and swerving by frustrated pursuers on a 43-yard run playoff run from the backfield against Denver. Now he's heard suggestions that he break out the salsa should he score a touchdown on Sunday, just as Cruz does with the New York Giants.

"They told me to do the salsa and I was joking around, saying maybe I'll do the merengue," a smiling Hernandez said Thursday, three days before the Super Bowl. "But that's his style and I respect him doing that and that's also a shoutout to the Hispanic community.

"But he's a good player and, hopefully, he doesn't get too many salsa dances this week."

Cruz sidesteps the idea of a Sunday Night Fever dance-off with Hernandez.

AL BELLO/GETTY IMAGES



▶ Victor Cruz performs a dance as he celebrates after the Giants' wild-card win over the Falcons.

"I just want to get in the end zone and win this football game," he said.

Hernandez is used to playing second fiddle as "the other" tight end in the Patriots dynamic combo.

Rob Gronkowski's left ankle has been in the spotlight ever since the All-Pro sprained it Jan. 22 in the AFC championship game.

Before that, Gronkowski's big hands that rarely drop a football drew the attention. He set an NFL single-season record for tight ends with 17 touchdown catches, usually followed by a powerful spike.

"I've been ready to play since they told us we're playing in the Super Bowl."
AARON HERNANDEZ

"I'm sure he'll be fine" for the game, Hernandez said. "Everyone knows he's a beast and he'll definitely be a huge impact in this game."

Hernandez, faster and shiftier than the bulldozing Gronkowski, had a pretty good season, too. He caught 79 passes for 910 yards and seven touchdowns. But he doesn't mind getting less attention.

"I've never been that type of person and the way our relationship is, we're so close that we don't even think about it like that," Hernandez said.

"I'm not a huge media guy, as you know, so he can have all the media he wants. You can talk to him and I know he loves it."

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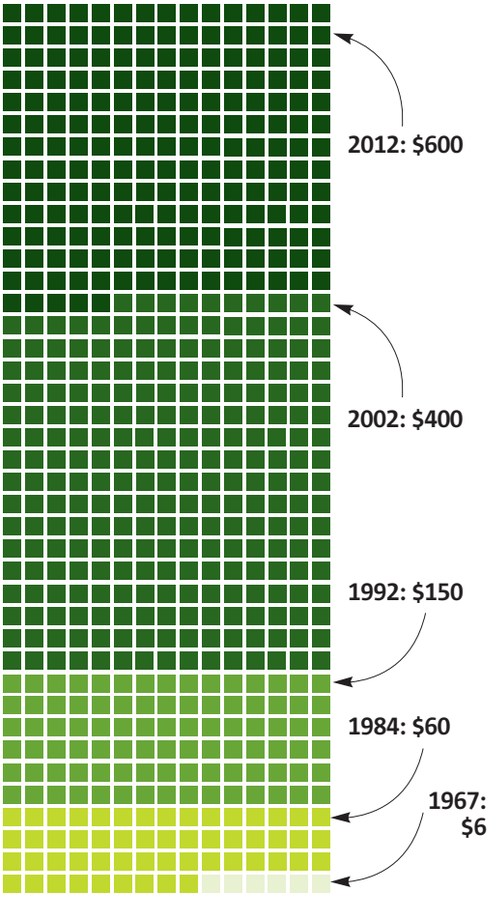
DAVID J. PHILLIP/THE ASSOCIATED PRESS

▶ Tickets to this year's Super Bowl.

Cost of admission

How much the cheapest ticket would have cost you at various Super Bowls.



5 PATRIOTS TO WATCH

TOM BRADY, QB

▶ Most accomplished quarterback of his era, has won three Super Bowls and is in his fifth. Has career record of 2-2 against Giants.

WES WELKER, WR

▶ Led NFL with 122 catches, becomes second player with at least 120 twice in a career (Cris Carter). Has most receptions since 2007 in NFL (554).

ROB GRONKOWSKI, TE

▶ Combination of size and strength overwhelms defenders. Battling left ankle injury sustained in AFC title game, but came back to finish that game.

VINCE WILFORK, LDT

▶ Wilfork has been as good as anyone in post-season. Played more than usual against Ravens, who couldn't block him with two men in AFC title game.

JEROD MAYO, MLB

▶ Best and most accomplished of Patriots' LBs, has had some health issues hold him back. First-round pick in 2008.

THE ASSOCIATED PRESS

4 sports

NHL vows to 'get to the bottom' of clock glitch

- Slight delay gives Kings enough time for last-second win over Jackets
- Game's result expected to stand
- 'Not good, not acceptable': Bettman

MARK J. TERRILL/THE ASSOCIATED PRESS

▶ Los Angeles' Drew Doughty, left, scores the winning goal against Columbus on Wednesday night.

The NHL is investigating a scoreboard error that could have an "enormous impact" on playoff races according to Columbus general manager Scott Howson.

During Wednesday's game in Los Angeles, the clock briefly stopped in the dying seconds — giving Drew Doughty time to score the winning goal in a 3-2 win over Columbus.

"Not good, not acceptable — if (the clock) had run straight through, the game would have been at a tie at that point, would have gone to overtime," commissioner Gary Bettman said on NHL.com.

"Maybe L.A. would have won anyway, maybe not. That's not the point. We are taking this very seriously. We're investigating as to how it happened."
NHL COMMISSIONER GARY BETTMAN

"Obviously, it's either human error or a technology glitch. We don't know which, but we've already begun investigating and we will get to the bottom of it."

The puck crossed the line with less than a second to play in regulation. However, when the Blue Jackets looked at post-game video, they discovered the clock froze for roughly a second just prior to the goal — meaning time should have expired.

The NHL's video room looked at the play immediately after the goal, but didn't notice that the scoreboard stopped.

"We didn't even look to go back and say 'OK, did something happen (with the clock)?'" Colin Campbell, the NHL's senior executive vice-president of hockey operations, said Thursday. "And then after the game, minutes after the game, we see (it and say) 'Holy cow.'"

Campbell confirmed that the goal shouldn't have counted.

In the wake of the incident, Kings GM Dean Lombardi claimed the clock was functioning as it should and that the pause occurred while it recalibrated to ensure the period was exactly 20 minutes long.

Even though the Blue Jackets boasts the NHL's worst record, Howson wrote in a blog post that the unjust result "matters to our players, to our coaches, every person in our organization and our fans."

THE CANADIAN PRESS

Quoted

"I'm all for freedom of speech, but I won't tolerate defamation."

PHIL MICKELSON, WHO HAS FILED A LAWSUIT AGAINST A QUEBEC INTERNET SERVICE PROVIDER TO LEARN THE IDENTITY OF A PERSON WHO HAS POSTED "VEXATIOUS STATEMENTS" ABOUT HIM. IN THE LAWSUIT AGAINST VIDEOTRON, HE CITED COMMENTS POSTED ON YAHOO SPORTS NOV. 11 AND 12 FROM THE PSEUDONYMS "FOGROLLER" AND "LONGTITUDE" THAT ALLEGED MICKELSON'S WIFE HAD AN AFFAIR AND THAT HE FATHERED AN ILLEGITIMATE CHILD, AMONG OTHER THINGS.

BRUCE BENNETT/GETTY IMAGES FILE

▶ Patrick Roy

Roy fined for top prospects comments

Patrick Roy is in hot water again after accusing the Quebec Major Junior Hockey League's commissioner of pressuring an injured player to participate in this week's top prospects game.

The QMJHL fined the Quebec Remparts $5,000 over comments made by the former star goalie and current Remparts' coach and general manager.

Roy accused Gilles Courteau of placing his interests and those of the QMJHL ahead of the players last Friday.

Roy said Courteau and the league pressured Remparts forward Mikhail Grigorenko to play in the CHL Top Prospects Game in Kelowna, B.C., on Wednesday even though he was injured. Roy added Courteau wants to become head of the CHL and that Grigorenko's participation would help his candidacy.

Last month, the league fined the Remparts $2,500 when Roy said the officials were "a disgrace" after a loss to Victoriaville.

Roy was also fined in November and April for comments directed towards league officials.

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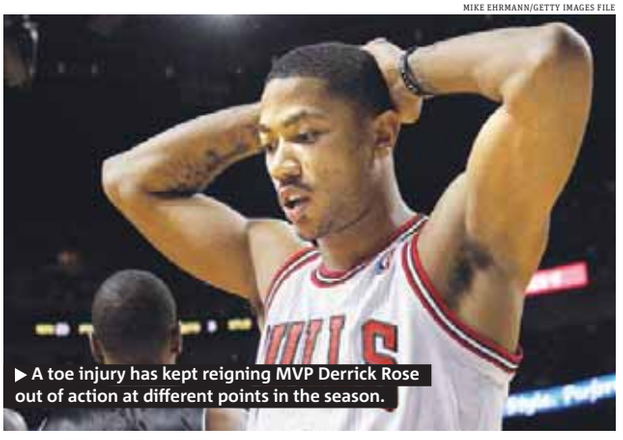
Putting their bodies to the test

Condensed NBA schedule appears to be taking its toll ‘You’ve already seen a lot of injuries ... kind of like football’: Jermaine O’Neal

DOUG PENSINGER/GETTY IMAGES FILE

▶ Miami’s Dwyane Wade has missed nine games this season with foot and ankle injuries.

MIKE EHRMANN/GETTY IMAGES FILE



▶ A toe injury has kept reigning MVP Derrick Rose out of action at different points in the season.

After every Minnesota Timberwolves game, Anthony Tolliver can be found sitting in front of his locker with ice packs on his knees and wrist and a heavy wrap on his lower back.

Tolliver took a nasty fall early in the season and the NBA’s break-neck, condensed season doesn’t offer much time to recover. The games keep coming, and so do the injuries as the abbreviated training camp and condensed game schedule take their toll.

“What’s kind of stunk about this pre-season was that it was so short,” Tolliver said. “Our bodies didn’t get acclimated to playing this many games in this many nights.... You’ll probably see more injuries, on average, this year, than other years because of that fact.”

The lockout shortened the pre-season from eight exhibition games to two before they started a regular season that crams 66 games into about four months.

According to STATS LLC, 727 games were missed during the first 307 games of the season due to injuries and illness. That’s actually 111 fewer games missed than at the same point last season, but it’s the nature of the injuries that hints at the stress being put on the players’ bodies.

Pulled muscles, twisted ankles, turf toe — all ailments typically seen in athletes who step onto the court unprepared for a game played at full speed. Chris Paul, Carmelo Anthony, Derrick Rose, Dwyane Wade, Rajon Rondo, Paul Pierce, Andrea Bargnani, Luol Deng, and Stephen Curry are among those who have missed time this season with injuries.

Then there are guys like Kwame Brown and Al Horford, both of whom are out more than three months with torn pectoral muscles.

TARA WALTON/TORSTAR NEWS SERVICE FILE

▶ Raptor Andrea Bargnani was having a breakout season before falling to a calf injury.

“Those are strange (injuries) in basketball,” Magic coach Stan Van Gundy said of Horford and Brown. “You just don’t see that. Those are football and weight-lifting injuries.... I can’t remember another guy with a torn pec.”

When the lockout stretched into November before a resolution, some players probably assumed that the season was lost, and instead they were essentially given two weeks to get into game shape.

The stress is like no season that has come before it. Teams are occasionally playing three times in three nights, and two-day breaks to rest and rehab are rare.

“Everybody’s getting hurt,” said Minnesota guard J.J. Barea. “You’ve just got to be patient and you have to really be honest and just know when you’re right and know when you have to sit out. It’s super hard.” THE ASSOCIATED PRESS

KEVIN C. COX/GETTY IMAGES FILE

“Nobody’s been through anything like this. There’s only a handful of us that have been through the 1998-99 lockout season that are still in the NBA. So it’s a transition for everybody.”

BOSTON’S JERMAINE O’NEAL

A cause close to Mr. Hockey's heart

Gordie Howe raising awareness of dementia while feeling its effects

At 83, Mr. Hockey is still in demand and on the move. Gordie Howe is about to embark on another series of fundraisers for research into dementia.

It's a personal cause. The disease killed his wife Colleen in 2009 and is beginning to affect him.

"He's a little bit worse than last year, but pretty close to about the same," son Marty says. "He just loses a little bit more, grasping for words.

"The worst part of this disease is there's nothing you can do about it."

The Howe family hasn't chased a diagnosis of exactly what kind of dementia Gordie has. Colleen died at 76 of Pick's disease, a rare form of dementia marked by changes in mood, behaviour and personality, followed by memory loss similar to Alzheimer's.

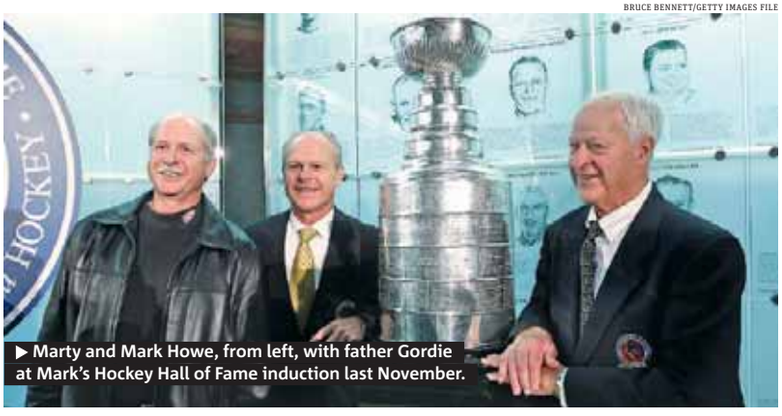
Gordie's dementia is currently mild. One of his other sons, Murray, a doctor who specializes in radiology, says his father's symptoms don't fit either Alzheimer's or Pick's.

"He has what we call mild cognitive impairment," Murray says. "His brain power is not what it used to be. In terms of the prognosis and diagnosis, it's still wide open.

"He doesn't fall into what I would say is any particular category."

Short-term memory loss, difficulty speaking and some confusion in the evening when the sun goes down are Gordie's symptoms.

BRUCE BENNETT/GETTY IMAGES FILE



▶ Marty and Mark Howe, from left, with father Gordie at Mark's Hockey Hall of Fame induction last November.

While his most noticeable deficit is his short-term memory, Murray says his father can still learn and retain some new information.

Physically, Gordie's doing well.

"He's still Mr. Hockey and that's what is so great," Murray says. "He'll wake up first thing in the morning and there's a bunch of leaves outside and he'll rake for three hours. He's so pleasant and upbeat."

Murray says it's possible Gordie's dementia is vascular in nature. Gordie suffered from heart disease later in his life and required the implantation of a coronary stent about a decade ago. THE CANADIAN PRESS

Campaign

After Colleen's death, the Howes were approached by the Toronto health organization Baycrest to put Gordie's face on a fundraising campaign for Alzheimer's.

- Affiliated with the University of Toronto, Baycrest specializes in mental diseases of the elderly.
- Gordie, along with son Marty, makes appearances at annual Scotiabank Pro-Am hockey tournaments across Canada. More than $16 million has been raised by the Gordie and Colleen Howe Fund for Alzheimer's.
- Marty says the plan is for Gordie to help kick off the same tournaments in Edmonton, Calgary and Toronto this spring.

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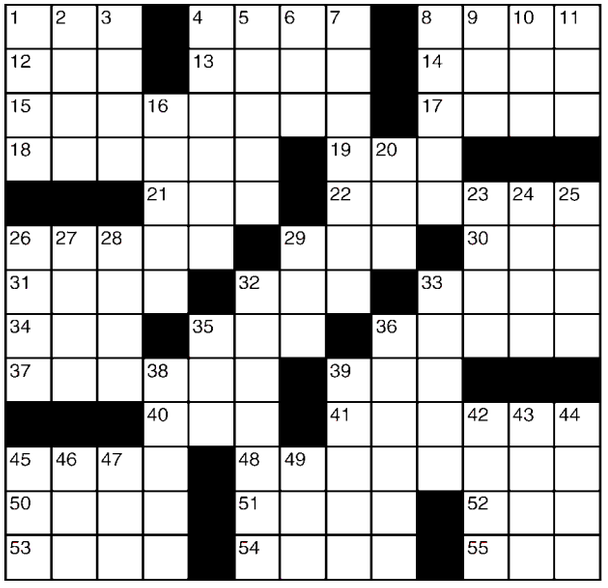

Across

1 After-hrs. bank
4 Mop the decks
8 Rope fiber
12 Weep
13 Zeus' consort
14 Addict
15 Nemean Lion slayer
17 Bellow
18 Longs
19 Id counterpart
21 Biblical verb suffix
22 "A Bell for Adano" author
26 Reacts in horror
29 Muppet master Henson
30 Poolroom prop
31 Lotion additive
32 Obese
33 Jung or Yastrzemski
34 Red or Black
35 Poorly lit
36 Yuletide melody
37 Godly messenger
39 Swiss peak
40 "Live! With Kelly" airer
41 Stickler for details
45 Effervescence
48 Cohort of Harry and Ron
50 Pennsylvania port
51 Discord goddess
52 Levy
53 Pleads
54 Depend (on)
55 Suitable

Down

1 Needing a rubdown
2 Genealogy chart
3 "— Breckinridge"
4 Railroad switches
5 From Cardiff
6 Is pluralized
7 Single
8 Any of the "12 Angry Men"
9 GI entertainment grp.
10 Afternoon social
11 Blunder
16 Thin pancake
20 Jewel
23 Cicatrix
24 Continental coin
25 Holler
26 Long cut
27 Sheltered
28 Take to the skies
29 Toast topper
32 Chess legend Bobby
33 Bay of Naples island
35 Society newbie
36 Oafish
38 Labyrinths
39 T.S. Eliot's "cruellest month"
42 Tittle
43 Break suddenly
44 Email alternative
45 Winter mo.
46 Anger
47 Sharp turn
49 Prior to

▶ Thursday's answer

S	H	U	T	■	C	A	F	E	■	O	D	D
L	A	V	A	■	A	R	I	A	■	N	E	O
O	N	E	L	I	N	E	R	S	■	E	L	L
P	S	A	L	M	S	■	■	E	M	A	I	L
■	■	■	O	P	■	C	O	L	O	R	■	■
S	H	O	W	■	Y	O	U	■	A	M	O	K
I	O	N	■	■	A	N	T	■	■	E	W	E
D	E	E	P	■	R	E	S	■	A	D	E	N
■	■	H	E	A	D	Y	■	A	D	■	■	■
P	R	O	W	L	■	■	F	L	O	R	A	E
O	A	R	■	O	N	E	U	P	P	I	N	G
G	I	S	■	H	O	R	N	■	T	O	N	G
O	D	E	■	A	W	E	D	■	S	T	A	Y

Sudoku

	5		1		8		2	
	1	6	3		4	7	9	
6			2		3			5
		4	8		5	3		
5			9		1			7
	7	9	4		6	1	5	
	3		7		2		8	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Thursday's answer ▶

9	4	8	6	2	7	5	3	1
3	5	7	1	9	8	6	2	4
2	1	6	3	5	4	7	9	8
6	9	1	2	7	3	8	4	5
7	2	4	8	6	5	3	1	9
5	8	3	9	4	1	2	6	7
8	7	9	4	3	6	1	5	2
4	3	5	7	1	2	9	8	6
1	6	2	5	8	9	4	7	3

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THRILLER

Shony baabyy, Iloveeyooou lots and I am feeling very happy and lucky to wish our 2 years anniversary today <3 you are the most amazing person i can ever think of and know. I loved every moment we spent in these two years even the moments when you were mad at me and wanted to kill me...ilooveyoou beautiful and you are irresistable and you make my days lighten up. ..your baingan <3
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20
You've done your bit, now reward yourself with a break.

♉ Taurus April 21-May 21
Trust your instincts, not what dubious sources tell you.

♊ Gemini May 22-June 21
You need to be a bit more realistic about your ambitions. There is no point aiming for things you cannot reach – that's just silly.

♋ Cancer June 22-July 22 The only thing that might hold you back over the next 24 hours is if you let negative thoughts take over.

♌ Leo July 23-Aug.23
Have friends and colleagues been keeping things from you? It looks like it, but before you get angry about it ask yourself why that should be.

♍ Virgo Aug. 24- Sept. 22
Don't worry if you find it hard to get your point across over the next few days.

♎ Libra Sept. 23-Oct. 23
You may be under the impression that you have to work extra hard to keep up with your rivals, but is that true? Be friends with everyone and do quality work only.

♏ Scorpio Oct. 24-Nov. 22
Everyone makes mistakes and you are no exception – but you are exceptional when you get it right, and that's often.

♐ Sagittarius Nov. 23-Dec. 21 Watch what you say today or you could find yourself falling out with a friend or work colleague over nothing much at all.

♑ Capricorn Dec. 22-Jan. 20
Make sure you know all the facts before offering an opinion.

♒ Aquarius Jan. 21-Feb. 18
Forget about all the trivial things and focus on the two or three issues that are of real importance.

♓ Pisces Feb. 19-March 20 You need to recognize that the life you are most responsible for is your own.

SALLY BROMPTON

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AIIT SOLANKI/THE ASSOCIATED PRESS

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